



'Best finance minster in the world'

Harper delivers eulogy at Flaherty's state funeral PAGE 30

Happy Easter weekend!

Metro will not be publishing on Good Friday. We'll be back on Monday!

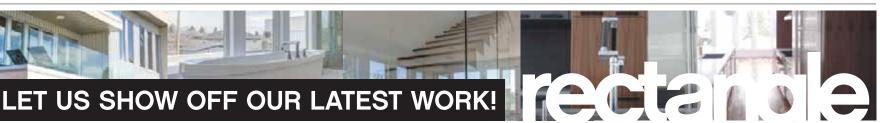


REACHING OUT TO THE BODY RUB BIZ

IN DAY 3, WE LOOK AT HOW POLICE AND ADVOCACY GROUPS COMBAT TRAFFICKING AND ONE MAN'S PREFERENCE OF MASSEUSES OVER RELATIONSHIPS PAGGS 32-33



Anastasia Pludowski, centre, was among roughly 200 ACAD students who gathered Wednesday to mourn the loss of classmate Zackariah Rathwell, one of five young people killed early Tuesday morning in a mass stabbing. BRYAN WEISMILLER/METRO





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metronews.ca WEEKEND, April 17-20, 2014 **NEWS**

Mass murder.

Lawyer discusses suspect's state of mind

The man accused in Calgary's worst mass murder met his lawyer face-to-face at a psychiatric facility Wednesday.

Defence counsel Allan Fay used the words "overwhelming" and "devastating" to describe the situation his client, Matthew de Grood, is facing, after speaking to the young man inside a hospital observation room.

"From our conversation, I think he appreciates the magnitude of what we're involved in here," said Fay, adding details of the case were not discussed.

The 22-year-old de Grood is facing five counts of firstdegree murder in relation to a mass stabbing at a Brentwood house party.

The suspect's father is a longtime city police officer whom Chief Rick Hanson also described as "devastated."

Fay suggested de Grood is being supported at home. "He takes whatever comfort he can from the fact that his family supports him," Fay said.

His next court appearance is scheduled for Tuesday.

Prosecution of the case will be handled by the Edmonton Crown Prosecutor's office, to reduce the potential for conflicts of interest to emerge.

Detectives, meanwhile, are still collecting evidence from the scene of the vicious killing and say the northwest Calgary home where it occurred may remain cordoned off until Saturday.

Autopsies on all five victims are expected to be completed by Thursday, police said in a statement Wednesday. BRYAN WEISMILLER/METRO





'She really isn't with us anymore'

Ballerina and friend. Fellow dancers remember Kaiti Perras



BRYAN WEISMILLER

Whether she was dancing for an audience or in a friend's basement, Kaiti Perras was known for her effortless movements — the hallmark of an accomplished ballerina.

On Wednesday, two of her long-time friends dropped off a pair of ballet shoes near the Brentwood house where the 23-year-old was murdered in a

mass stabbing.
"We wanted closure," said Kaitlyn MacArthur, one of the "Four Kaitlyns" who grew up together as part of a Marda Loop dance group.

"We wanted to see it for

ourselves to know she really isn't with us anymore."

Perras was one of five young people killed in a violent rampage Tuesday. She and three of the other victims had been friends since attending Bishop Carroll High School together.

Kaitlyn Harris was also part of the same-name dance gang as a youngster and later went to the same southwest high school as Perras.

As a freshman, Harris

(known as little Kaitlyn) clung to Perras, a senior student.

"It was nice having an older friend to look up to and not feel alone," she said.

'She helped me out," Harris added. "It's pretty intimidating because it's a self-taught high

At nearby Counterpoint Dance Academy, teacher Shannon Hearn taught Perras an array of disciplines for nine years, but recalled how the youngster excelled at ballet in particular.

"We watched Kaiti grow into an exceptional human being," she told Metro. "Her smile and energy lit up the stage and our studio."

- Perras attended Mount Royal University as an arts student majoring in English, the university confirmed Wednesday. She wasn't registered last school year.
- Immediate family members declined to comment.
- A remembrance event is planned at MRU on Thursday from noon to 1 p.m. at the Leacock



metronews.ca WEEKEND, April 17-20, 2014

Graduate killed in attack had eyes on Calgary Transit gig

'Pure soul.' Lawrence Hong was finally done school, keen to ring in his 28th birthday



NOLAIS
ieremv.nolais@metronews.ca

Calgary commuters riding the rails might one day have had Lawrence Hong to thank for some form of design or urbanplanning ingenuity.

The 27-year-old student, soon to graduate from the University of Calgary, had been mentored heavily by a senior employee at Calgary Transit and yearned to work in the organization's planning department

The long hours and high stakes of public-sector work didn't appear to faze him at all, according to best friend Michael Dixon.

"I don't think he was the kind of guy that needed to be thanked all the time," Dixon

Hong would routinely crash at Dixon's house after a night of fun. He was big on trying new restaurants and taking in all Calgary's nightlife had to offer.

"He was always down for anything," Dixon said. "He was that kind of a person. Not many of those kinds of people exist."

Hong was among those killed early Tuesday at a party that formed after a day of celebrating the end of the semester.

The other four victims all appeared to have previously been friends in high school;

More online

U of C said it would continue to post updates on the tragedy online at ucalgary.ca/condolences.

it's not clear how or why Hong ended up at the gathering on Butler Crescent N.W.

Hong's good friend Neha Shahi had been helping him plan a shindig to celebrate his 28th birthday next week, featuring karaoke, bowling and oysters.

"He was a pure soul," Shahi said. "Every time you needed someone, he would be there. He would go out of his way. It didn't matter if a friend was in need at 1:00 (a.m.) — he would be there to help you."



Funeral home peers prepare for stabbing victim



Jordan Segura routinely stomached the difficult task of aiding grieving families with final preparations.

Now it will fall to his colleagues to assist his own family in much the same way.

Segura, a victim of the Brentwood house-party stabbings early Tuesday, had been working with McInnis and Holloway Funeral Homes part-time and was set to move to full-time after wrapping up school for the summer.

His boss Ernie Hagel said the 22-year-old may even have considered a long-term career in the business.

"I think he was in between, trying to decide," Hagel said Wednesday. "We appreciated having him."

Segura's family requested privacy Wednesday, but cousin Monica previously said he

had a "heart of gold and a passion for life and knowledge."

Segura was a third-year religious studies student at the University of Calgary and a vice-president with the school's Gnosis club, organized by students in his program.

Previously, Segura was a student in the Bachelor of Arts program at Mount Royal University and majored in history.

Mount Royal is planning a gathering Thursday at the Leacock Theatre at noon to pay tribute to Segura and the other four victims killed in Tuesday's attack.

The university has also set up a place for people to share messages of condolence in its wellness services area.

JEREMY NOLAIS/METRO

Memorials

Hagel met with members of the Segura family to arrange a viewing, scheduled for 2-5 p.m. Sunday, and funeral, set for 10 a.m. Monday.

• Both will take place at the Chapel of the Bells at 2720 Centre St. N.





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metronews.ca weekend, April 17-20, 2014



Stabbing victim wrote of tragedy

Zackariah Rathwell.

Memorials 'can help ease the suffering and build community,' said art student in paper



BRYAN
WEISMILLER
bryan weismiller@metronews.

On the day one of her students was killed in a stabbing spree, art history professor Jennifer Salahub decided to grade Zackariah Rathwell's exam paper on mass tragedy.

In an eerie coincidence, Rathwell and his ACAD classmates had been quizzed on a presentation on public art and memorials following the 2011 Norway massacres.

His last answer to a bonus question drew an emotional response when read out loud at a school-sponsored memorial Wednesday.

"I took away that even though tragic events cause much pain and distress," Salahub said, quoting Rathwell's words to the crowd, "a truly well thought-out memorial can help ease the suffering and build community while not just glazing over and forgetting the past."

Rathwell was one of five students killed in a mass stabbing at a northwest Calgary house party early Tuesday.

Mourning through art

"I wanted people to ... reflect on what an amazing guy he was."

Memorial organizer Corlia Zaayman

The next day, about 200 of his fellow art-school students posted sketches, paintings and shared condolences in honour of the popular 23-year-old.

"It's an arts school, so I wanted people to come out and draw and write stuff down and reflect on what an amazing guy he was," said memorial organizer Corlia Zaayman. "Everybody chipped in."

Band member 'never seemed unhappy': Friend

Josh Hunter was a machine on the drums, but recently joked online that he lacked the vocal talents of fellow musician Zackariah Rathwell after belting out a rendition of Happy Birthday.

Both men, part of a quartet known as Zackariah & The Prophets, were among five killed at a house party early Tuesday.

Numerous videos on the duo's respective Facebook pages indicate they took their songwriting very seriously and had recently released an EP. The band appeared to be on an upward trajectory.



But a statement posted online by fellow band members Kyle Tenove and Barry Mason late Tuesday confirmed there would be no

attempt to press on at half-strength.

"Without all four of us the band doesn't exist," it read. "We love you all. And we loved them more than anything in the world."

Friends of the band members stopping by a memorial formed just steps from the house where the killings occurred expressed shock, disbelief and frustration Wednesday.

Matthew Chalupnicek was friends with Hunter in high school and kept in touch a bit after graduation.

"I can honestly say my fondest memory of him was making chicken dinner," Chalupnicek said.

"I don't know why — I think we were hungover. I remember him as being very grateful, always smiling. The guy never seemed unhappy." JEREMY NOLAIS/METRO, WITH FILES FROM CANDICE WARD/METRO



metr⊕ metronews.ca WEEKEND, April 17-20, 2014

Friends, strangers visit Brentwood memorial

'It's tragic.' Mementos, flowers left at site of Tuesday's killings as those with connections and those without come out to pay their respects

Whether they knew the victims or not, mourners came

out Wednesday to pay their respects with flowers, mementos and notes in honour of the five students killed in the Brentwood stabbings.

"I just wanted to reaffirm what had happened to make it real," said Matthew Chalupnicek, a high-school friend of Josh Hunter.

And even those didn't know the victims took the time to stop by nonetheless.

Marina Urbina and her daughters Karen and Fernanda visited the memorial to say a prayer and lay a bouquet of flowers and a teddy bear that said, "Bear hugs from Mount Royal University."

For Marina, thoughts of the safety of her own children brought tears to her eyes as she visited the site.

"It's tragic," she said. Fernanda, who works at

the University of Calgary, said she wanted to stop by to show support on behalf of a community.

"It could have happened to anyone," Fernanda said. "I am pretty sure if they were my friends, people would come and lay flowers for them."

CANDICE WARD/FOR METRO



people at a makeshift memorial, CANDICE WARD/FOR METRO

Knife homicides

Experts say it's not a trend

Calgary, Regina, Toronto, and Edmonton — all have seen violent knife attacks in 2014, yet experts are reluctant to call the recent string a trend.

After five were killed Tuesday in Calgary, Doug King of Mount Royal University said the rate of knife-related homicides in Canada over the last three decades has

remained fairly consistent.

"If you look at the trends, homicide by guns and knives have been approximately the same rate for the last 35 years," King said. "The reality is we become more sensitive to the method of homicide in relation to very high profile homicides."

King noted that it's not the method of murder that needs to be examined, but the violence itself.

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metronews.ca WEEKEND, April 17-20, 2014





A special signal for cyclists at Calgary's existing cycle track on 7 Street SW downtown. Adding more signals like this is a major component of the estimated \$9.4-million cost for the proposed Centre City Cycle Track pilot project.
CANDICE WARD/FOR METRO

Calgarians get final say before cycle-track vote

Controversy. Citizens speak out for and against the project



ROBSON FLETCHER

Calgarians turned out in force Wednesday to tell members of city council what they think of the proposed Centre City Cycle Track Network at a meeting that spanned more than 12

The gathering of the city's transportation and transit committee marked the final, formal opportunity for citizens to speak directly to municipal lawmakers before city council votes later this month on the

controversial issue

"What you're hearing today is a real level of scrutiny that we would never have for any other transportation project," Mayor Naheed Nenshi said, adding the city routinely makes much more expensive decisions with far less debate.

All sorts of Calgarians spoke to the committee Wednesday.

Cyclist Jenn Turcott said the cycle tracks would offer more equal protection for her chosen mode of transport.

mode of transport.

"Why am I not allowed the same safety that car drivers receive?" she asked.

Bruce Clarke, another regular cyclist, opposed the project, saying it would lead to traffic bottlenecks downtown, especially at rail underpasses.

"Build something new," he

Building bike lanes

- City staff's latest plan involves building 7.3 kilometres of physically separated bicycle lanes downtown as a pilot project at a cost of roughly \$9.4 million.
- The network would then cost an additional \$5.2 million to make permanent or \$2.1 million to dismantle

 a decision staff propose council makes in 2016.

said. "Don't take away existing roadway."

City council as a whole meets on April 28 to vote on the cycle track network.



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Driver-run United Cabs service hits Calgary streets

Bidding for employees.

Competition not threatened by new taxi brokerage



JEREMY NOLAIS jeremy.nolais@metronews.ca

You may have noticed a new fleet of cabs roaming the

A coalition of drivers, most of whom were frustrated with management at Associated Cab, have broken off and successfully launched their own "West-Jet model" brokerage.

The thinking is each driver has a stake in the company, known as Calgary United Cabs, making it more likely they will answer dispatch calls and provide good customer service.

United rolled out operations in late March and currently has 50 cars in service, according to founder Rupinder Gill.

"Our main goal is to answer the phone first, then provide the best service," he said, offering up a company slogan of sorts.

Gill said nearly all of his drivers formerly worked as independent contractors with Associated and the remaining few were defectors from rival brokerage Checker Yellow Cabs.

A group of disgruntled Associated drivers staged repeated wildcat strikes at Calgary International Airport last year after Gill was fired and amid complaints over poor working conditions.

United Cabs now stands as the city's fifth functioning brokerage, although other entrepreneurs have hoped to cash in on what's seen as a potentially lucrative rush of customers in recent months.

But Airdrie brokerage owner Mohamed Benini learned Tuesday his pitch to launch a Calgary outfit called Cowboy Taxi has been denied.

The main reason given was that the city's current livery bylaw requires a taxi brokerage to have a staffed dispatch crew working in the city 24 hours a day, 365

days a year.

Benini had hoped to instead run a "cloud" system that would allow him to employ staff outside of the country and cut into operating costs.

Benini said he would have only charged Cowboy drivers \$125 a week to work for his brokerage.

Gill, meanwhile, said United drivers are currently paying \$200 a week, while he was paying \$380 to run with the larger, more established Associated offering. He said business has been steady so far.

But Jeff Garland, Associated general manager, dismissed talk of the fledgling brokerage disrupting Associated's business

"It doesn't concern me at all," he said. "They're doing what they want to do. I don't see how their guys are going to make any money."

By the numbers

A look at the fleets.
 General manager Jeff
 Garland said Associated
 still maintains a vehicle
 fleet of roughly 575
 cars. Figures provided
 by the City last summer
 indicated Checker Yel low has more than 700
 vehicles in service, while
 Mayfair Taxi had in the
 neighbourhood of 80

and Delta Cab had about 40.

- Call. Calgary United Cabs can be reached by calling 403-777-1111.
- Go online. The service has also launched an Android smartphone app with an iPhone version also due out next week.



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Aggressive behaviour. Pit bull to be euthanized after vicious attack on woman

A pit bull will be euthanized and its owner will face "severe penalties" after a vicious attack that sent a Calgary woman to hospital for emergency surgery, city officials said Wednes-

day.
"This was a very serious incident," said Alvin Murray, Animal and Bylaw Services north operations manager. owner has chosen to sign over the dog for humane euthanization, following a mandatory 10day quarantine, based on the viciousness of the attack.'

The woman was walking in a residential area of Falconridge around 7:20 a.m. Tuesday when the attack happened, officials said. She suffered multiple puncture wounds from the dog, which was running at large. Serious, aggressive dog

"This was a very serious incident."

Alvin Murray, Animal and Bylaw Services

Incidents increasing

In 2013, there were 647 confirmed aggressive dog incidents and 452 charges laid.

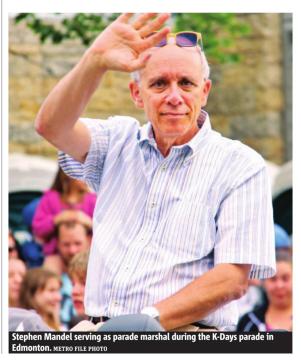
In 2012, there were 203 reported dog bites in Calgary, with 132 charges

incidents such as this require the owner to make a mandatory court appearance to have consequences determined by a judge. The penalty can include fines of up to \$10,000.

Murray said Animal and Bylaw Services "takes every incident of aggressive animal behaviour seriously."

"We immediately respond to all aggressive animal behaviour calls received and investigate thoroughly - taking into consideration, circumstance, resulting actions and prior history," he said. METRO CALGARY STAFF

Former Edmonton mayor Mandel takes a pass on PC



Family first. Popular politician says the time is not right for him to return to public life.



TUMILTY

Former Edmonton mayor Stephen Mandel has announced he won't seek the leadership of the Progressive Conservative party.

In an emailed statement, Mandel said he simply did not feel that now was the time to start another career

Quoted

"I believe strongly that Alberta needs a strong. renewed progressive and conservative party."

Stephen Mandel, former Edmonton mayor

in politics.
"I have been blessed by a strong and successful public life. I am proud of my record and achievements, but I do not believe now is the time to start another political journey," he said.

Mandel said he was humbled to have people calling for him to step forward, but that, in weighing all the options, he decided it would be best to stay out of the

limelight.

"I have had to consider the interests of my family and all parts of my life against the responsibility and commitment that a return to politics would involve," he said. He also wished those seeking the leadership well, saying now was the time for someone

So far, former municipal affairs minister Ken Hughes has been the only person to announce an intention a run for the leadership.



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NEW:

metronews.ca WEEKEND, April 17-20, 2014

South Korean ferry disaster

Near Jindo. Over 280 were missing; many had been trapped inside the boat as water rushed in; the tilt kept them from reaching exits

A ferry carrying 462 people, mostly high school students on an overnight trip to a tourist island, sank off South Korea's southern coast on Wednesday, leaving more than 280 people missing despite a frantic, hours-long rescue by dozens of ships and helicopters. At least nine people were confirmed dead and 55 injured.

The high number of people unaccounted for — likely trapped in the ship or floating in the ocean — raised fears that the death toll could rise drastically, making it one of South Korea's biggest ferry disasters since 1993, when 292 people died.

One student, Lim Hyungmin, told broadcaster YTN after being rescued that he and other students jumped into the ocean wearing life jackets and then swam to a nearby rescue boat.

"As the ferry was shaking and tilting, we all tripped and bumped into each another," Lim said, adding that some people were bleeding. Once he jumped, the ocean "was so cold.... I was hurrying, thinking that I wanted to live."

Local television stations broadcast live pictures of the ship, Sewol, listing to its side and slowly sinking as passengers jumped out or were winched up by helicopters. At least 87 vessels and 18 aircraft swarmed around the stricken ship. Rescuers clambered over its sides, pulling out passengers wearing orange life jackets.

But the ship overturned completely and continued to sink slowly. Within a few hours only its blue-and-white bow stuck out of the water, 160 coast guard and navy divers searched for survivors inside the wreckage.

THE ASSOCIATED PRESS



The South Korean Coast Guard tries to rescue passengers from the ferry Sewol off the southern coast near Jindo, south of Seoul, Wednesday. Dozens of boats, helicopters and divers scrambled to rescue more than 470 people, including 325 high school students.

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South Korea

Ferry tragedy could be one of country's worst

Yonhap news agency said the 146-metre-long ship, which travels twice a week between Incheon and Jeju, was built in Japan in 1994 and could carry a maximum of 921 people, 180 vehicles and 152 shipping containers.

The water temperature in the area was about 12 C, cold enough to cause hypothermia after 1 1/2 hours of exposure.

The two previous deadliest ferry disasters were in 1970 when 323 drowned and 1993 when 292 died.

THE ASSOCIATED PRESS





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Eastern Canada wades through deep waters

Keegan Worden, left, and David Clement check on a flooded Tim Horton's location in Sussex, N.B. Rain, melting snow and ice-choked rivers forced waters to rise in parts of Eastern Canada on Wednesday. Roads were submerged, basements filled and power knocked out as people were warned to prepare. High water levels have also triggered emergencies in Centre Hastings and Tweed in eastern Ontario, joining Belleville. DAVID SMITH/THE CANADIAN PRESS

Exploiting CRA bug an easy feat

Heartbleed bug.

Exploiting vulnerabilities in websites can be easily learned, says tech analyst

A London, Ont., teen accused of stealing social insurance numbers from the Canada Revenue Agency website may be just one of many hackers who took advantage of the Heartbleed encryption bug.

"This won't be the last that you hear of it," said London-based tech analyst Carmi Levy, adding that similar announcements as the CRA's will come in the future.

The RCMP announced Wednesday that Stephen Solis-Reyes, 19, a student at Western University, had been arrested and charged.

Levy said there's a huge and hungry appetite for stolen personal information such as social insurance numbers, and learning how to breach a vulnerable website is easily done with a simple Google search.

"Ănyone who's adept with Google can easily find them."

Solis-Reyes appears to be highly adept.

He is listed as a member of the school's robotics club, the programming club and the robotics challenge team.

He was also part of the team that was city champions in the Ecoo (Educational Computing Organization of Ontario) programming con-

Solis-Reyes is scheduled for a July 17 court appearance in Ottawa. The investigation is ongoing, police said.

Walk-ins

Welcome!

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2012 Chevrolet Avalanche

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SALE PRICE \$38,888 • SAVE \$5,000

List Price: \$43,888



2011 BMW 328i xDrive Coupe

AWD Coupe with 3.0L 6-cylinder engine and 6-Speed Automatic with Steptronic Shift Paddles. Fully equipped with Navigation System, Comfort Access, Park Distance Control, Lumbar Supports, Red Leather Sport Seats, upgraded Sports Package & so much more.

List Price: \$38,888 SALE PRICE \$36.888 • SAVE \$2.000



2011 BMW 535i xDrive

AWD luxury sedan. Executive Package, M Sport Package, Fineline Anthracite Trim. Stock# P3615

SALE PRICE \$46,888 • SAVE \$2,000

List Price: \$48,888



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N. Korea bristles at London salon

'Bad hair day?' Poster ignites diplomatic row

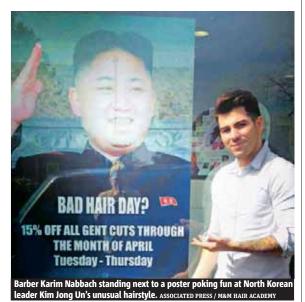
North Korea has made a diplomatic appeal to the British government to get a London salon out of its hair.

The country's diplomats have complained to the Foreign Office about a hairdressing salon that put up a poster poking fun at distinctively coiffed North Korean leader Kim Jong Un.

Staff at M&M Hair Academy say they were visited by diplomats from the embassy after putting up a poster last week featuring a picture of Kim who sports a distinctive shortback-and-sides 'do - and the slogan "Bad Hair Day?"

He said staff refused the diplomats' request to remove the poster and had reported the incident to police.

Police said they had spoken to both parties and deter-



mined no crime had been committed.

The North Korean embassy

didn't immediately respond to a request for comment. THE ASSOCIATED PRESS

for social media on child

awareness. 'It scared the crap out of our kids," Tiffany Barnett

Police arrived while filmmakers apologized to irate witnesses. They are investigating possible charges. THE ASSOCIATED PRESS

Equal under the claw

Is that kid plush?

Bowling alley employees found a toddler playing with toys inside a claw crane machine. The threeyear-old boy was released unharmed and reunited with his mother.

THE ASSOCIATED PRESS

Sequim, Washington Kidnapping faked abduction prevention and

A minivan with two masked men pulled up to a Washington park and one man jumped out, grabbed a toddler and took off. He was the boy's father. He later returned and explained he was creating a video



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List Price: \$24,000

List Price: \$15,000



2009 Honda Civic Coupe LX

Honda Certified Used with powertrain warranty. Local vehicle. All the maintenance is up to date. Automatic Transmission, Suproof, 3M Stoneshield, New brakes, Aux input jack, Alloy wheels, Air conditioning.

SALE PRICE \$13,000 • SAVE \$2,000



2009 Toyota Corolla LE

Clean CarProof. Locally owned. Very well-maintained. Very clean interior. Automatic Transmission, Push-Button Start, Aux input, Smart Key Remote entry, Brand-new Tires, Air conditioning with Climate Control, Alloy wheels, Hood deflector, Window visors and more.

List Price: \$15,000 SALE PRICE \$13.000 • SAVE \$2.000



2009 Honda Accord Coupe EX-L V6

No accidents on CarProof. New Windshield and Battery. New Timing Belt replaced in December. Automatic Transmission, 3.5L V6 iVTEC engine, Beige Leather interior, Heated & Power adjustable seats, Dual-zone climate control, Sunroof, Remote entry, XM Radio, Hood deflector.

SALE PRICE \$17,000 • SAVE \$2,000



2010 Hyundai Elantra Touring GL

Clean CarProof. Automatic Transmission, 2.0L four-cylinder engine, Heated seats, Air conditioning, Fog lights, Auxiliary input, Remote entry, Cruise control, Steering wheel mounted controls, All weather mats.

SALE PRICE \$12,000 • SAVE \$2,000

List Price: \$14,000



2011 Honda CR-V EX-L

Honda Certified Used with 6-year / 120,000 km powertrain warranty. Local car. No accidents. 4WD. Very well equipped SUV with Leather, Heated seats, Sunroof, Aux jack, Heated mirrors, Auto lights, Alloy wheels, and XM radio available.

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Honda. Ask about rates and terms available. AWD, Aux input, USB input, Intelligent multi-info display (i-MID), Roof racks and cross rails.

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Tensions intensify in eastern Ukraine cities



rs of the Ukrainian Army sit atop combat vehicles as they are blocked I atorsk on Wednesday. EFREM LUKATSKY/THE ASSOCIATED PRESS

Slovyansk. Central government further marginalized after latest incursion

A column of armoured vehicles flying Russian flags drove into a Ukrainian city controlled by pro-Russian insurgents Wednesday, dampening the central government's hopes of re-establishing control over restive eastern Ukraine.

Still, it was far from clear just who these mostly masked men were and what their presence meant for eastern Ükraine, which has seen a surge of support for closer ties with Russia and against the new government in Kyiv, which wants closer links to Europe.

Insurgents in the city of Slovyansk last weekend seized

the police headquarters and the administration building, demanding broader autonomy for eastern Ukraine and closer ties with Russia.

German Chancellor Angela Merkel called Russian President Vladimir Putin late Tuesday to discuss the events in Ukraine and preparations for diplomatic talks in Geneva on Thursday.

The Kremlin said Putin told Merkel that the escalation of the conflict places Ukraine "on the verge of a civil war." Merkel's office said she and Putin had "different assessments" of the events.

NATO Secretary General Anders Fogh Rasmussen said NATO aircraft will fly more sorties over the Baltic region and allied ships will deploy to the Baltic Sea, the Mediterranean and elsewhere.

One of the men on the vehicles said the unit was part of Ukraine's 25th Brigade of Airborne Forces and that they had switched to the pro-Russian side. The military insisted the armed men seen on APCs in Slovyansk were not Ukrainian forces.

In Slovyansk, a city 160 kilometres from the Russian border, the armoured vehicles stopped near a government building and flew Russian flags while residents chanted "Good job! Good job!"

Some onlookers were happy with the pro-Russian forces.

"We will never allow the fascist Kyiv authorities to come here," said Andrei Bondar, 32, a Slovyansk resident.

But Tetyana Kustova, a 35-year-old sales clerk, was appalled by the unrest. "They are pushing us toward Russhe said. "They are tear-Ukraine into pieces." THE ASSOCIATED PRESS

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Bosnians come see family unearthed from mass grave

Mourners' statements will help prosecute.

Former Bosnian Serb general Ratko Mladic is being tried on war crimes charges

Denisa Hegic pulled her scarf around her nose to guard against the stench, and drew back the plastic shroud. Shaking, she reached down to touch her mother's skull, and caressed it.

The last time she touched her mother she was bleeding on the floor of the family home, slain by Bosnian Serb soldiers storming their tiny village in northwestern Bosnia. On Wednesday, mother and daughter were reunited in a cavernous building used to house the remains of victims newly excavated from the mass grave



sa Hegic looks at remains of her family ovaca identification centre, near the Bosnian town of Sanski Most, 260 etres northwest of Sarajevo, Wednesday. AMEL EMRIC/THE ASSOCIATED PRESS

in Tomasica, 200 kilometres northwest of Sarajevo.

Hegic's experience is being repeated this week by many survivors of Bosnia's 1992-95 war, as experts begin allowing families to view the remains meticulously pulled from the earth and identified through

DNA analysis.

So far, 430 victims were found in the Tomasica grave. The pit contains victims of Bosnian Serb military units who killed Muslim Bosniaks and Roman Catholic Croats as part of a so-called ethnic cleansing campaign. THE ASSOCIATED PRESS

North Dakota

Judge overturns strict abortion law

A federal judge on Wednesday overturned a North Dakota law banning abortions when a fetal heartbeat can be detected, as early as six weeks into pregnancy and before many women know they're pregnant. U.S. District Judge Daniel Hovland said the law is "invalid and unconstitutional.'

THE ASSOCIATED PRESS

Gay rights. Group urges **IOC to rule out host cities** with discriminatory laws

More than 100,000 members of an international gay rights group have sent messages to the IOC urging changes to ensure that future Olympic host countries do not have discriminatory laws on their

The group All Out reiterated its call on the International Olympic Committee to overhaul its selection process, citing the controversy that surrounded the Winter Games in Sochi over Russia's gay "propaganda" laws. The group delivered its message before Tuesday's deadline for public submissions on Olympic Agenda 2020. THE ASSOCIATED PRESS

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2010 Toyota RAV4

Sport Model. 2.5L 4-cylinder engine. 4WD, Fully equipped with Power Moonroof, Air Conditioning, Cruise Control, Power Windows, Mirrors & Locks, Aux input jack, 18-inch Alloy Wheels, Fog lamps & much more.

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Exterior: Royal Grey Metallic Interior: Black 6-Speed Automatic w/ Steptronic, Lights Package, Sport suspension, Auto dimming mirrors, Sunroof, Heated front seats, Auto climate control, No Charge Scheduled Maintenance 3-year/50,000km.

List Price: \$36,995 SALE PRICE \$34.995 • SAVE \$2.000

2012 MINI John Cooper Works Coupé

Only 9,200km. Lounge Leather, Black Alloy Wheels, Premium Package, Wired Package with Navigation system, Voice recognition, Comfort Access, Chrome Line Interior, Harman Kardon Sound System, Silver Roof & Mirror Caps. No Charge Scheduled Maintenance 3-year/50,000 km. List Price: \$48,791

SALE PRICE \$33,791 • SAVE \$15,000

2009 Jeep Wrangler Rubicon 4x4

Trail-rated 4x4 SUV. It can climb a 45-degree grade, tread through 30 inches of water and crawl down a rock-filled hillside! Well-maintained, lady driven. Comes with navigation, power doors & windows, mirrors, fog lights, remote car starter.

SALE PRICE \$21,399 SAVE \$1,500

List Price: \$22,899



2010 Cadillac Escalade

Full-size luxury SUV. AWD. Built-in DVD/Entertainment Package, Navigation, Leather, Heated/ Cooled Seats, Heated Steering Wheel, Sunroof, Climate Control, Back-up Camera, Factory-command Car Starter, 22" Wheels & much more.

List Price: \$41,000 SALE PRICE \$38.995 • SAVE \$2.005



2013 Mitsubishi RVR SE 4WD

Very nicely equipped small SUV, including features like Heated Front Seats, Bluetooth, Cruise Control, Alloy Wheels, Air Conditioning, Power Windows, Locks and Mirrors,

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U.S. gun control advocates soften their agenda

Election season.

Senator hopes to add convicted stalkers to the list of criminals barred from getting guns

Democratic worries about this November's U.S. elections, a lack of Senate votes and House opposition are forcing congressional gun control supporters to significantly winnow their 2014 agenda, a year after lawmakers scuttled U.S. President Barack Obama's effort to pass new curbs on firearms.

Leader Senate Majority

Harry Reid, a Democrat, recently said he needs additional votes before revisiting a proposed expansion of gun sale background checks that the Senate derailed last April. That has left advocates of tighter gun curbs hoping Reid will allow votes on more modest proposals, such as one by Sen. Amy Klobuchar, a Democrat, to add convicted stalkers to the list of criminals barred from acquiring guns.

But with Reid wary of exposing Democratic senators facing tight re-election contests in some conservative and western states to politically risky votes and the Republican-run House showing no appetite to restrict guns anyway — people aren't holding their breath waiting for proposed gun restrictions to reach the Senate floor before election day.

"This kind of change doesn't happen overnight," said Dan Gross, president of the Brady Campaign to Prevent Gun Violence. "There are obviously a lot of other considerations and variables in play here, like elections.

Klobuchar's bill on stalkers would play into the Democrats' campaign-season theme of pushing legislation that appeals to women, a key Democratic voting bloc. THE ASSOCIATED PRESS

Marathon bombing

No evidence suspect knew of brother's role

Federal prosecutors have told a judge they have no evidence that Boston Marathon bombing suspect Dzhokhar Tsarnaev knew about his brother's alleged role in a triple slaying in Waltham, Mass., two years prior. The associated press

Bomber hoax

Boston arrest leads to stint in psych ward

The man arrested near the Boston Marathon finish line carrying a backpack containing a rice cooker on the anniversary of the bombings was sent to a state psychiatric facility for an evaluation Wednesday following his initial court

appearance.

Kevin "Kayvon" Edson, 25, was sent to Bridgewater State Hospital and ordered held on \$100,000 bail at an appearance in court on charges of threatening battery, possession of a hoax explosive device, threats to commit a crime, disturbing the peace, disturbing a public assembly and disorderly conduct. His next court date was scheduled for May 7.

THE ASSOCIATED PRESS



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2012 BMW X1 xDrive28i

Affordable AWD crossover that still says BMW. Certified Pre-Owned with FULL factory warranty until Sept 21, 2017 or 160,000 kms. 8-Speed Automatic, 241 hp turbo 4-cylinder engine, Navigation, Panorama Sunroof, Xenon Headlights, BMW Apps, Dual-zone Automatic Climate Control and much more. List Price: \$41,900

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2009 BMW M3 Cabriolet

A hard-top sport convertible that will fit 4 people. 4.0L V8 engine with 414hp. The unique Bamboo Beige interior will definitly set this vehicle and you apart. It comes with M double clutch transmission, Mdrive package, 19" M double spoke alloy wheels, and more. Stock# P4788



2011 BMW X5 xDrive35i

A true luxury SUV with 3rd row seats. Panorama sunroof, heated seats, rear DVD entertainment system, premium package, executive package. BMW Certified Pre-Owned with full factory warranty until January 22, 2017 (or 160,000 kms, whichever comes first).

List Price: \$54,995

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2006 BMW 650i Coupe

Only 79,650 kms. Accident free, local car. 6-speed Automatic with STEPTRONIC. Executive package, extended leather interior.

List Price: \$34,995 **SALE PRICE \$26,900 • SAVE \$8,095**



2011 BMW 535i xDrive

Certified Pre-Owned with FULL factory warranty until Dec 29, 2016 or 160,000 kms, All-wheel drive luxury sedan, Executive Package, Heated Front & Rear Seats, Leather Interior, iDrive system incl. 7" high resolution display.

SALE PRICE \$41.900 • SAVE \$6.000



2012 BMW 528i xDrive

Certified Pre-Owned with FULL factory warranty until Nov 11, 2017 or 160,000 kms. All-wheel drive luxury sedan. Navigation Package, Voice recognition for telephone, Heated steering wheel. Stock# N16875A

List Price: \$47,900 SALE PRICE \$43.900 • SAVE \$4.000



2010 BMW 528i xDrive

Certified Pre-Owned with extended warranty. Low kms. AWD. 3.0L 6-cylinder engine, Executive Edition, Brown Dakota Leather Interior.

SALE PRICE \$29,900 • SAVE \$4,000

List Price: \$33,900

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metr⊕ metronews.ca WEEKEND, April 17-20, 2014

Political players of all stripes gather to bid Flaherty farewell

State funeral. Harper opens the proceedings with personal tribute to late finance minister

A gallery of political luminaries from all sides of the partisan divide gathered at a cavernous Toronto cathedral Wednesday to set aside their differences and pay final respects to former finance minister Jim Flaherty.

Mourners donned green scarves, a tribute to Flaherty's Irish heritage, inside St. James Cathedral as they celebrated the diminutive, combative politician, who died of a heart attack last week at the age of 64.

Prime Minister Stephen Harper began the proceedings



"What a sad time this is in the life of our country."

Prime Minister Stephen Harper

time he and Flaherty shared together in power on Parlia-

"Occasionally, I imposed a final decision," Harper said of their periodic cabinet-table dis-

"Occasionally I decided he was probably right. And oc-casionally, I decided he was wrong, but let him have his way because I just got so damn tired of arguing with him."

But as Harper's eulogy ended, he had to compose himself as he described the day he accepted Flaherty's resignation.

"I told Jim that he had truly been over these eight years, in my judgment, the best finance

minister in the world, if not indeed the best in our history," Harper said.

I also wished him well in his next career ... and I told him not to be a stranger."

Liberal Leader Justin Trudeau, NDP Leader Tom Mulcair and former prime ministers Brian Mulroney, Kim Campbell and John Turner were among those on hand for the funeral, alongside federal cabinet ministers including John Baird, Peter MacKay and Chris Alexander.

Flaherty's state funeral is the first such honour since 2011, when former NDP leader Jack Layton was laid to rest.

THE CANADIAN PRESS





Prosecutor keeps pressure on Pistorius defence witness

Murder trial. Olympian's lawyers attempt to rebuild case after athlete's shaky testimony

Oscar Pistorius's lawyers tried to roll back the prosecution's momentum at his murder trial Wednesday following the star athlete's shaky testimony, presenting a forensic expert who quickly found his own credentials and findings questioned.

With Pistorius now back watching the proceedings from a wooden bench, the double-amputee Olympian's defence team attempted to bolster his account that he shot girlfriend Reeva Steenkamp by mistake through a bathroom door in his home, thinking she was an intruder about to attack him in the early hours of Valentine's Day last year. Pistorius faces 25 years to life in prison if convicted.

But former police officer Roger Dixon, testifying for the defence, appeared unsteady



Oscar Pistorius, centre, shares a hug with an unidentified woman as he leaves the

as chief prosecutor Gerrie Nel warned him it was irresponsible to "try and be an expert" in areas he was not. Nel asserted in his cross-examination that Dixon was not an expert in light, sound, ballistics, gunshot wounds or pathology — areas about which he was testifying.

Nel accused Dixon of not answering questions directly. "For an expert you are evasive," Nel said, prompting the judge at one point to tell the prosecutor to "restrain" himself.

Nel ridiculed Dixon's finding about the sequence of the shots that Pistorius fired at Steenkamp through the door, testimony which contradicted that of a police ballistics expert and state pathologist Prof. Gert Saayman.

"I use the word 'finding' very loosely," Nel said of Dixon's theory. The associated press



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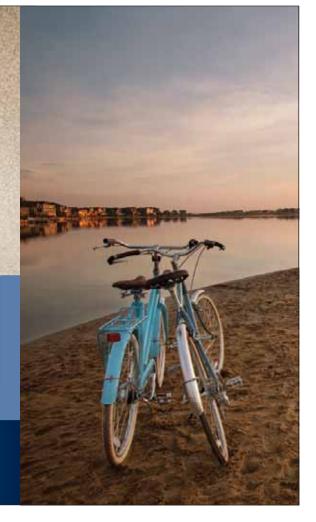


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WEEKEND, April 17-20, 2014

'Do you see me?'

A poem from former sex trade worker "Julie," provided by the Centre to End All Sexual Exploitation.

I work at the massage parlour you go to. Do you see me?

You come in and I catch a glance of you. I think I know you. I quickly run to the back room. Do you see me?

I check the camera. I don't recognize you, so I get ready to greet you with the other girls. We meet and you look at me leeringly. I tell you my fake name. I'm apprehensive. Do you see me?

I smile and exit before the next girl introduces herself. You tell her you want a session with me. She calls me back and appears upset that you chose me. She intimidates me and I'm scared of her. Do you see me?

We enter the room and you tell me you don't quite have the amount of money I quoted and ask for a 'deal.' I oblige. I feel cheapened.

Do you see me?

I start to take my clothes off for you. I'm uncomfortable. I'm ashamed. Do you see me?

You start touching me and my skin starts to crawl. I feel myself pull away for a moment. Do you see me?

You ask if I enjoy what you are doing to me. I smile and say I do even though it's a lie. Do you see me?

You finish and tell me that you had a great time. I say I did too. Another lie. Do you see me?

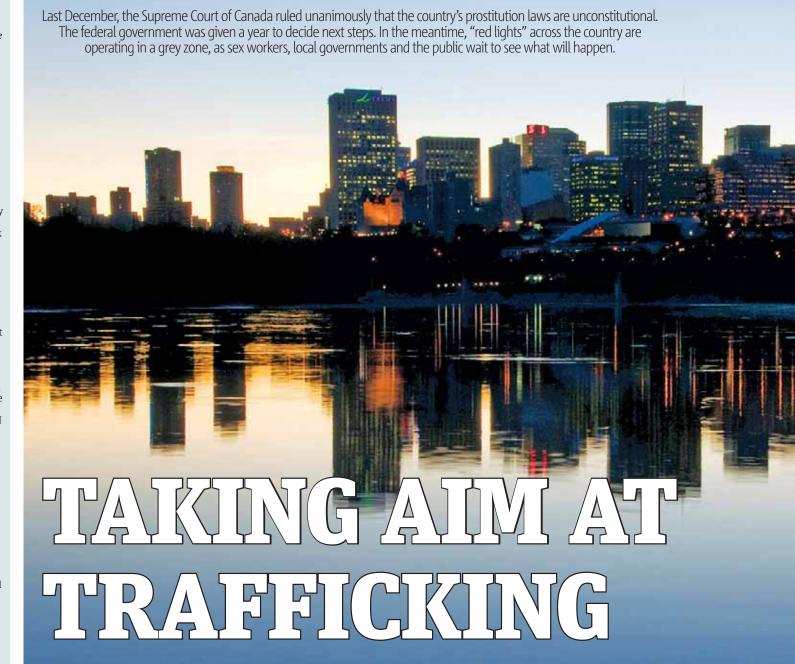
You ask if I genuinely like my job. I tell you I love my job. I'm lying again. Do you see me?

You tell me you will come back and visit me again. I force a smile but I am dreading that day. Do you see me?

As you exit the parlour, I get tears welling up in my eyes. I feel objectified, de-humanized. Do you see me?

You leave and I prepare to meet the next guy who is already waiting, all the while wondering, Did you see ME?

Don't buy women, Don't buy the lie.



For the final day of our three-part series, Metro Canada speaks with police, counsellors and antiexploitation advocates working on the front lines to try to ensure body rub workers in Edmonton have the proper abuse-prevention resources available. They all admit it's hard to pin down the number of criminal acts being committed on a daily basis due to the secretive nature of the sex industry



LEAH GERMAIN

For Edmonton police Det. Steve Horchuk, building trust is the cornerstone of his job, especially when it comes to working with women at body rub parlours. The city's regulated parlours make up the

largest and most consistent group of sex workers in Alberta's capital, he says.

Working with his fellow officers on the Edmonton Police Service vice unit, Horchuk's days are spent building bonds, breaking down barriers and offering sex workers an outlet to talk about abuse or exploitation.

"We are looking for human trafficking. We are looking for underage girls and women getting ushered into the business," Horchuk says in a matter-of-fact tone. "Any sort of oppressive environment."

He said the reason for relationship building is simple: By educating sex workers about the risks involved in the industry, women can start to distinguish what's criminal and what's not.

Waiting for the other shoe to drop

"As education and awareness increase, I think we are going to see more reports of human trafficking in general."

ACT Alberta executive director Andrea Burkhart

"Sex workers will often deal with it on their own, without realizing they're being victimized," Horchuk says, adding it's almost impossible to know precisely how much crime or abuse might be happening at body rub parlours.

"We think, anecdotally from the women disclosing how many customers try and force anal intercourse, or try and force no contraception or they get rough and punch, choke or do things that are

not consensual, that happens quite frequently."

Andrea Burkhart, executive director of ACT Alberta— an advocacy group that works with police and other local stakeholders to address human trafficking— is also committed to building trust with potential victims of the sex industry, particularly human trafficking.

"It's very hard to see

"It's very hard to see human trafficking at first glance," Burkhart said. "People who've been trafficked often don't self-identify and (they) deny they've been trafficked."

While experts are unable to pin down the number of times women are trafficked into the sex industry through body rub parlours, Burkhart said building trust between sex workers and law enforcement is the first step to identifying the problem.

"There is still a lot that needs to be uncovered," she said. "As education and awareness increase, I think we are going to see more reports of human trafficking in general.

"We are hopeful those who have been trafficked in massage parlours know there is assistance for them should they come forward and seek help." metronews.ca
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NEWS 33

Edmonton Police Headquarters Downtown District States

Edmonton police are trying to forge relationships with massage sex workers so women in danger don't feel like they have to deal with issues on their own. MET

In a parlour or on the street, 'it is still sexual exploitation'

Hidden victims.

Despite regulations, abuse and exploitation still prevalent at body rub parlours, former vice detective says

LEAH GERMAIN

Metro in Edmonton

When it comes to the economics of body rub parlours, many sex workers advocate that it's time to stop thinking of them as a commodity and address the issue of supply and demand.

"At the core, it's a women's equality issue and a poverty issue," said Kate Quinn, the executive director for the Centre to End All Sexual Exploitation in Edmonton.

Working with sex workers on a daily basis, Quinn said one of the greatest issues facing the sex industry is a living wage for women. "When there is no livable wage option, women turn to the commercial sex industry and that's what we need to change," she said.

Acknowledging the struggles on the supply side of the equation — the women in the industry — Quinn said the impact body rub parlours have on demand — those paying for their services — is often overlooked

"Women I have worked with in the commercial sex industry have said 90 per cent of their customers were married men, that money paid to those women came from their family

John says ...



economy," Quinn said.

"We never talk about the buyer's side. We never talk about the hidden victims — the buyer's family, children."

Like Quinn, JoAnn McCartney, a former Edmonton Police Services vice detective and current anti-prostitution advocate and counsellor, said even though body rub parlours are largely regulated, exploitation and abuse is an ongoing issue for sex workers.

From her own experiences

visiting parlours as a police officer, and from stories shared with her by body rub workers, McCartney said she sees very little differentiation between street sex workers and women working in parlours.

"The women working in there think they are different from street prostitutes," said McCartney

"They believe they are a step up. I don't think they are any better or worse. It is still sexual exploitation." Your voice

What you had to say about this series

Metro readers had a lot to say about our three-part series on body rub parlours. Here is a selection of some of the comments posted on our website:

There are many people who don't have a lot of money, but they go out and work 2-3 jobs to make ends meet. Giving your body to be used by a complete stranger is not working, it's called prostitution no matter how you may try to word it. It not only puts the prostitute at risk of violence or disease, but most importantly it puts the married men at risk of bringing home those diseases to their innocent wives as well as destroying marriages when they are caught. They should not be legal/licensed anywhere in Canada. CommonSense

The best solution is to legalize prostitution so you go to a regulated brothel for sex and a massage therapist for injury related massage. **Annoyed**

Seems to me Canadians have set most of the prudishness aside, and realize that the sex trade cannot be stopped, but can only be driven underground ... I look forward to the day when we will look upon a normal, and potentially exciting, sexual encounter, as we now look forward to a lovely dinner at a fine restaurant. Why shouldn't one treat themselves to something new and exciting? **Awfulorv**

This career does not put married men at risk of anything; that is the married man's choice, not the sex worker's. That line of thinking is the same as people who blame rape victims for "dressing provocatively," as if men are some out-of-control animals who only rely on base instincts. If someone is OK with, or even enjoys sharing a sexual experience with others for money, that is their business, not yours. Don't like it? Don't participate in it. Simple as that. **Kakkoi**

Oil worker cuts out 'girlfriend bulls-t' in favour of massage parlours

Oil-rig work keeps John away from Edmonton for two to three weeks at a time. It also makes it pretty difficult for him to keep a steady girl back in the city, he says. As an alternative, the 34-year-old turns to massage parlours.

"It's hard for women to stay faithful. Every girlfriend I've had has cheated on me while I've gone to work. So basically I cut the whole girlfriend bulls—t out," he said.

Three years ago, John met Roxy (a body rub parlour worker Metro featured in Part 1 of this series). Every three weeks, when he was back in the city, John would drop by the parlour where she works.

The two eventually became friends, so they ended the working relationship and John now visits other parlours in the city, spending about \$260 to \$300 an hour to "stay" with a woman. He said it is cheaper than date night.

"By the time you take a girl out on a date just to get some a-, you're looking at spending just about the same," he said.

John said he plans to stop visiting massage parlours once he is in a steady relationship. Editor's note: John's name has been changed to protect his identity.

STEPHANIE DUBOIS/METRO IN EDMONTON

Get caught up

If you missed any part of Metro Canada's three-day series, visit metronews.ca/features/massage-parlours for all our features, along with additional content only available online.

metronews.ca WEEKEND, April 17-20, 2014

Fighting theft

Smartphones in the U.S. to get 'kill switch'

A trade group for wireless providers in the U.S. says that the biggest mobile device manufacturers and carriers will soon put anti-theft tools on the gadgets to try to deter rampant smartphone theft.

THE ASSOCIATED PRESS

Stephen Poloz

BoC head won't rule out future interest rate cuts

Bank of Canada governor Stephen Poloz says he has not ruled out a future cut to interest rates despite evidence disinflationary pressures appear to be waning and his belief that the global and Canadian recoveries are picking up steam. THE CANADIAN PRESS

America the beautiful?

Minimum wage increase would exclude some

Some low-paid workers in the U.S. won't benefit even if a long-shot Democratic proposal to gradually raise the minimum to \$10.10 US by 2016 becomes law. More than a dozen categories of jobs are exempt from the minimum, currently \$7.25 an hour. The ASSOCIATED PRESS



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grave and because He lives we can live also. This is the reason for our joy. We will appreciate your presence this Sunday to share this joy with us. We look forward to seeing you. Call the Pastor on 403.992.8656 for more information.

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Is Apple's iPad as Canadian as maple pie?

A new survey, eh? 1

in 4 Canucks now own a tablet, with many opting for an iPad

More than 42 per cent of anglophone Canadians now own a tablet and most are increasingly choosing one of Apple's iPads, suggests a report by the Media Technology Monitor.

Tablet ownership spiked by about 66 per cent between 2012 and 2013, according to the results of a MTM survey conducted with 4,009 Canadians between Oct. 7 and Dec. 1 of last year.

In the fall of 2012, about one in four anglophone Canadians told pollsters they had one of the gadgets, while a similar survey conducted in the fall of 2011 found just one in 10 were tablet owners.

Apple's iPads account for about two-thirds of the tablets Canadians own, MTM's newest report suggests,

88%

Overall, the tablet users surveyed typically said they used their device to go online (88 per cent), browse the web (80 per cent) and use email (65 per cent). About half said they used their tablet for social networking, watching video and reading news.

while BlackBerry's PlayBook and Samsung's Galaxy Tab devices have a 10 per cent share of the market each. Apple's hold of the market has consistently grown in MTM's polls while the other brands have stagnated.

The polling numbers also seem to suggest that while tablets are now more commonly found in Canadian households, they're being used a little less often.

In the spring of 2011, 46 per cent of tablet owners said they used their tech toy several times a day, 25 per cent said they used it at least once a day, and 16 per cent said they used it once a week.

Last spring, only 38 per

cent were using theirs several times a day, 24 per cent said it turned on at least once a day, and nine per cent said they picked it up once a week at least.

But iPad users appear to engage much more with their tablets.

In the most recent MTM poll, about 45 per cent of the iPad owners said they used their tablets several times daily, versus just 28 per cent of the Samsung tablet users and 23 per cent of PlayBook users.

Not surprisingly, MTM found consumers with higher incomes were far more likely to have bought a tablet. Almost 80 per cent of anglophone consumers with a household income above \$200,000 had a tablet, as did 66 per cent of those with a household income between \$150,000 and \$199,999.

The results of the telephone survey, conducted by Forum Research, are considered accurate within 1.5 percentage points 19 times out of 20. THE CANADIAN PRESS



Mt. Gox clients left high and dry

Tokyo. Liquidation means those who had bitcoins with fallen exchange are unlikely to get any money back

The Mt. Gox bitcoin exchange in Tokyo is headed for liquidation after a court rejected its bankruptcy protection application.

Mt. Gox said Wednesday the Tokyo District Court decided the company, which was a trading platform and storehouse for the Bitcoin virtual currency, would not be able to resurrect itself under a business rehabilitation process filed for in February.

An administrator will try to sell the company's assets, and many creditors, including those who had bitcoins with the exchange, are unlikely to get any money back.

After Mt. Gox went offline in February, its CEO Mark Karpeles said 850,000 bitcoins worth several hundred million dollars were unaccounted for, blaming a weakness in the exchange's systems.

Later, Mt. Gox found 200,000 of the bitcoins, changing the estimate for the lost virtual currency to 650,000 bitcoins, although the exact amount is still under investigation. Mt. Gox



has suggested the bitcoins were stolen. The company has not been able to confirm the bitcoin balances of its users.

Bitcoins were created in 2009 by a mysterious figure or group known as Satoshi Nakamoto and are used for transactions across borders without third parties such as banks. They have also become an investment craze. Mt. Gox said in a statement that bankruptcy proceedings are likely to start in the U.S. along with the action in Japan, but the timing is still unclear. It said there may be a buyer for its business but that was still undecided.

THE ASSOCIATED PRESS

Market Minute





14,446.52 (+142.60)



GOLD \$1,303.50 US (+\$3.20)

\$103.76 US (-\$0.01)

Natural gas: \$4.53 US (+\$0.04) Dow Jones: 16,424.85 (+162.29)





metr⊕

IT'S NOT YOU, IT'S THE PLAYOFFS

By the time you read this, my love, I may already be in sudden death.

We've grown close these first few months together, but as my girlfriend I think it's only fair you know there's a side of me you haven't seen before — a dark side, an off side. It's time for the NHL playoffs.

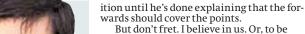
I'm so sorry.

If you're reading this, you probably already know what I mean. Maybe you've picked up this column during a game because you've given up on speaking to me directly.

You speak, but I respond with only an icy stare in the direction of sudden-death over-

You step in front of the screen, and I leeeean around you, possibly rousing myself long enough to mumble the old family chestnut about making "a better door than

You try to ask about Don Cherry's wardrobe, but I've plugged my fingers into my ears and curled into the fetal pos-



more specific, I believe you have what it takes to put up with me. You've proven it before.

We went to see a Raptors basketball game together, and you provided the insightful colour commentary that only fresh eyes can deliver: "They score a lot in basketball!" And you showed a true understanding of the heart of basketball (really), when you said, "It's taken them 10 minutes to play the final 36

We watched the Raptors lose, though they won their division because the team chasing them lost in a simultaneous game. You got

home, saw the headline "Raptors win" and declared, "I don't think I understand basketball," and it was just about the cutest thing ever.

And, recently, your roommate wished me "Good luck" for the hockey playoffs, and you were confused because I don't

actually play for the Boston Bruins, even if my apartment has more B's paraphernalia than their team bus. You chuckled and insinuated that I somehow have no impact on the result

That's nonsense, of course. Anybody who's ever helped their kid eat by opening their own mouth, or helped a pilot land an airplane by staring out the window, knows the vital

But I'm not asking you to understand. You don't even have to like it. You just have to understand that I like it.

So, my sincerest apologies, my love. I'll make it up to you, and I don't need anything from you. You don't need to know your icing from your elbowing penalty. You just need to know I'll be in my Cups just a little while longer, and then I'm

I know I'm risking heartbreak and loss over these two months, but that's hockey!

Sincerely, John

P.S. Thanks for being such a good sport. I'm a fan of those.

ZOOM

Dog days of prosthetics

John Mazerolle



Pooch saved from foreclosed home

Naki'o, a red heeler mix breed, has received four prosthetic limbs in Denver, Colo. Naki'o was found in the cellar of a Nebraska foreclosed home with all four legs and its tail frozen in puddles of water-turned-ice. What frostbite didn't do, a surgeon did, amputating all four legs and giving him four prosthetics. THE ASSOCIATED PRESS

A nine-month-old boxer named Duncan barrelled down a beach in Oregon, running full tilt on soft sand into YouTube history and showing more than four million viewers he can revel in a good romp despite lacking back legs.

More Paw-sibilities

More veterinarians are using wheelchairs, orthotics and prosthetics to improve the lives of dogs that have lost limbs to deformity, infection or accident, experts say. There have also been great strides in technology to keep up with U.S. soldiers returning wounded from war, and veterinarians have adapted the materials and know-how for the rising demand from clients. THE ASSOCIATED PRESS

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Selfies suffer a huge blow to the head



ANDREW

Selfie has had a tough time since the heady days of 2013 when it was blessed with Word Of The **Year status by Oxford Dictionaries.** First, its definition was rudely changed to "here's a photo of me surrounded by a mob of grinning faces." And, it's also become shorthand for Samsung PR stunt. Now this: A young man can't even take a well-groomed selfie in a situation of highly questionable safety without getting a rude boot to the head from a train engineer a lesson in self-preservation that comes with an ironic dash of danger. (Via Jared Michael)





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SCENE 37

Fine family films for Easter

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Long weekend entertainment. The Reel Guys list their picks for flicks that delight both parents and kids

Richard: Mark, if you're planning to take the kids out to the movies this weekend, there are two recent family flicks that deserve to be seen on the big screen. The Lego Movie is possibly the weirdest, most psychedelic kid's entertainment since H.R. Pufinstuf, but it is also one of the best films of the year so far, kid's movie or not. Then there is Mr. Peabody & Sherman, a big animated film inspired by a time travelling seg-



ment from the TV show Rocky and His Friends. It's the only kid's movie with an Oedipal joke and the kind of children's movie that I think parents and kids will enjoy, but probably for completely different reasons.

Mark: Richard, so far The Lego Movie is the most exciting movie of the year, family or otherwise, but it should be noted that it, too, has a strong Oedipal theme in it. As a father of a three-year-old, I'm never quite sure what family entertainment means; what's appropriate for my little boy is different than what might entertain an eight-year-old. Pretty much anything animated works for all ages, but then it gets complicated. And gender plays a role in choosing the right flick, too.

Young girls love The Wizard of Oz, but young boys, not so much. But you never know. My little one loves Frozen, just out on DVD, even though it might seem "girly" to some.

RC: People love Frozen. I'm not one of them, but there is no arguing with the success of that movie. I'm more on side with Despicable Me II, which I thought was great fun despite its predictable plot. The story of chrome-domed former bad guy Gru's (Steve Carell) working with the Anti-Villain League could have written itself, but the inventive gags contained within are the reason the whole family will enjoy the movie. There are lots of fun characters, but it's really all about the Minions - Gru's yellow, jelly-beanshaped helpers — who spice things up with their own special kind of anarchy. Speaking in gibberish, they're fun and more than worth the rental.

MB: Despicable Me II is a treat but my little guy deemed it "too scawy". But I look forward to a family viewing of E.T. — the greatest family movie ever. Young or old, boys or girls, who doesn't love the tale of that lovable little alien? Also on my eventual DVD queue would be Gremlins and even Home Alone. Kids love movies with kid heroes.

RC: Speaking of kid heroes, the adaptation of the classic Maurice Sendak children's book Where the Wild Things Are isn't a movie for kids as much as it is a movie about being a kid. Max is the hero, a lonely kid who goes to where the wild things are. It's a slow moving, simple film about deep feelings. It's not a slick, brightly coloured kid's film with a connect-the-dots plot and an

easily digested moral, but it is a

magical movie.

MB: I never got the appeal of the movie or the book, but maybe I've been missing something. But here's an idea: Sit down with the family and watch A Hard Day's Night. Everyone loves The Beatles, and this is the pop group in full cheeky-cute mode. Their rock songs from 1964 sound a lot like kids music today, with their melodic hooks and innocent lyrics.

Synopsis

After enjoying big Easter and Passover meals, the Reel Guys like to treat the family to a good movie. Because there are as many different kinds of family movies as there are colours on the most psychedelic Ukrainian Easter egg, this week the guys have a look at their favourites. From the big screen to rentals for the small screen they choose movies that will put an extra hop in your step this weekend.





Sci-Fi Thriller



Transcendence

Director. Wally Pfister

Stars. Johnny Depp

Dr. Will Caster (Johnny Depp) is the foremost researcher in the field of Artificial Intelligence, working to create a sentient machine that combines the collective intelligence of everything ever known with the full range of human emotions. His highly controversial experiments have made him famous, but they have also made him the prime target of anti-technology extremists who will do whatever it takes to stop him.

Rotten Tomatoes™ score Critics: Audience:

No reviews yet





Bears

Director. Keith Scholey, Alastair Fothergill

Stars. John C. Reilly

In an epic story of breathtaking scale, Disneynature's new True Life Adventure Bears showcases a year in the life of a bear family as two impressionable young cubs are taught life's most important lessons. Set against a majestic Alaskan backdrop teeming with life, their journey begins as winter comes to an end and the bears emerge from hibernation to face the bitter cold.

Rotten Tomatoes™ score Critics:

Audience:

No reviews yet 4 89 %



The Trailer Park Boys: Don't Legalize It

Director. Mike Clattenburg

Stars. John Paul Tremblay, Mike Smith, Robb Wells

The Trailer Park Boys are back. But these are tough times for Ricky, Julian, and Bubbles, and for everyone in Sunnyvale Trailer Park.

Rotten Tomatoes™ score Critics: **Audience:** No reviews yet 88 %

The Railway Man. Japanese actor tackles dark spot in his nation's history

Japanese-born actor Hiroyuki Sanada comes off last year's success of The Wolverine with a film taking a look at Japanese history. The film debuted at the Toronto International Film Festival last fall is The Railway Man, about a former British POW (Colin Firth) who confronts one of his former captors (Sanada). It's a moment in Japanese history Sanada is not very proud of, but still an important one to examine, he insists. And this Christmas, he goes full samurai in Keanu Reeves' long-awaited 47 Ronin.

The Railway Man takes on a contentious piece of history.

It's a true story based on the book from Eric Lomax. I didn't know those kinds of things happened because, especially in Japan, there's no education about that. Teachers never talk to students, even parents don't, and I thought that is a problem. I thought we must make this film now to tell the story for the next generation, to help make a more peaceful world and make sure some-



thing like this never happens again. And also for me it was important this role be played by a Japanese-born actor. It's a kind of mission, I felt.

Why do you think it isn't taught in Japan as much?

Because it's a story from during the war and a lot of bad things happened in the POW camps. That kind of thing, the people don't want to know. They don't want the world to know the story. But with a movie like this, it's a chance for reconciliation, to say sorry

and ask for forgiveness. Look back into your history and if you're wrong, say sorry and go the next steps together to create a better future. It's a small

How was working with **Colin Firth?**

It was a great experience. It was almost like just the two of us in a small room, just talking and talking. It was like we were on stage in a play. We created good chemistry from the beginning, but I'm not sure how. **NED EHRBAR/MWN**



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SORTED DUD & BLUERAY MOVIES & COLLECTOR SETS, ECORGE WASHBURN ACQUISTIC CUITAR, LEAPPAD 2 STARTER PACKS, BUSHNELL BINOCULARS, TARGUS KICKSTAND CASE AND STYLIS, ASSORTED DESIGNER PACKES BY: HUGO BOSS, SEIRO, TISSORT, INVOTE, CITESTO DANIEN KLEIN, SINGHASSESS BY PUINA AND HO-BIE, MICHAEL KORS LADIES LEATHER WALLET, VERA WANN WEDGEWOOD DIGITAL PHOTO FRAMES, PANDORA BRACELET, SWARDOVSKI NECKLACES, UGG BOOTS, AND MUCH MOBE.

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3 BURNER OUTDOOR STOVE, WE KUMO LAVATORY FAUCET, ATLANTIS STAINLESS STEEL KITCHEN SINK, INFRARED GAZESO HEATER, LT 3000 ATV WINCH, POWER HEAT INFRA RED QUARTZ HEATERS, VIVA HIDDEN BOTTLE WATER COOLERS, HAAN STEAM MOP, BISSELL DEEP CLEAN VACUUM, BIONAIRE HIMIOJIERS, CHAMPION 2000 WATT GENERATORS, KARCHER 2000 PSI PRESSURE WASHERS, SNAP-ON 20 GALLON AIR COMPRESSORS, SNAP-ON HEAVY DUTY STORAGE RACKS, STANLEY WET/DRY SHOP VAC'S, ALTON WET/DRY SHOP VAC, DELTA GENERAL SAW, OUTDOOR HOSES, KORHANI ANTI-FATIGUE FOAM FLOOR, ASSORTED HAND TOOLS, MOTOR TREND LED SPOTLIGHTS, 3 TIER OUTDOOR PLANTERS, OUTDOOR EXTENSION CORDS. GARDENING TOOLS. CASES OF WINDSHIELD WASHER FLUID. ASSORTED MICROWAVES, PLUSH TOWEL SETS, PLUSH BLANKETS, NATURAL PILLOWS OUTDOOR EXTENSION CURING, GROUND, GROUND, GROSS OF WINDSHELD WASHER FLUID, RESOURCE MICHOWAYER, FLUSH INVESTED, FLUSH BLANKETS, HATORIA PILLOWS, TRANQUIL MORITE BED SETS, MAUTICA PILLOWS, AND STANDERS OF MINASA, CHELSEA, ARDOR & ELITE STONEWARE, 10 PIECE STANLESS STEEL COOKWARE SET'S, RUBBERNAID FOOD STORAGE CONTAINERS, BEVERAGE SETS, CROCKPOT, CADDYTEK GOLF PUISH CART, CELESTRON COMETRON 118AT TELESCOPE, HODEI WAKEBORDA, IP-PO REMOTE CONTROL CARS, LEGS SETS, COLLECTOR BABBE ISTS, LARGE SELECTION OF PERSONAL CARE TO FULFRIES, NEW CLOTHING & FOOTWEAR FROM: PARADOX,TRUE NORTH, AVIA, NIKE, ADIDAS, PUMA, DIESEL, MARMOT, CALVIN KLEIN, LACOSTE, NORTH FACE, LADY HATHAWAY, BLUE HARBOR, TRUE NORTH, WINTER BOOTS, BIKE HELMETS, BOLLE SNOW GOGGLES AND HELMETS & MORE.

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Transcending cinematography

Directorial debut.

Wally Pfister was Christopher Nolan's right-hand man for a decade. Now he has his own Johnny Depp driven film

For more than a decade, cinematographer Wally Pfister brought director Christopher Nolan's cinematic visions to life. Now, he's the one calling the shots.

His directorial debut, the new sci-fi mystery Transcendence, has many elements of a Nolan blockbuster: eye-popping visual effects, a mindbending story and an A-list lead in Johnny Depp. All of those things translate into high expectations for Pfister, who jokingly likens his newly christened director's seat to an "electric chair."

In the film releasing Friday, the mind of Depp's terminally ill scientist, Will Caster, is uploaded into a computer after his death, spawning an eerily unruly machine. At the heart



of the story is the disrupted relationship of Will and his wife, Evelyn, played by Rebecca Hall.

Transcendence, which was executive-produced by Nolan and written by firsttime screenwriter Jack Paglen, hooked Pfister because of the emotional weight put on the study of husband and wife and the increasing reliance on technology. "We start to wonder where it's all going to go,"

are dependent on

technology. It's got us," affirmed Depp in a recent joint interview to promote the film.

Depp, 50, first met Pfister, 52, when they worked on Paul McCartney's 2012 video for his romantic ballad My Valentine, in which Depp and Natalie Portman starred and Pfister was the director of photography.
"I was immediately in-

trigued and curious from (the) initial reading," says Depp of Transcendence.

"So many things come into

technology. Say I'm suddenly holding a gun," Depp illustrates, lifting his left hand as his formidable engagement ring with Amber Heard sparkles. "The gun is not inherently bad. It's a tool. It's what we do with it. I think it's the same with technology.

For his first directing gig, Pfister, who's worked on everything from Memento to The Dark Knight Rises, was swayed from doing a big action film.

"I'd done a lot as a cinema-tographer," he says. "What was important was telling some sort of character-driven story. Exploring human emotion. That is the logical reason to jump from visual storytelling to narrative.'

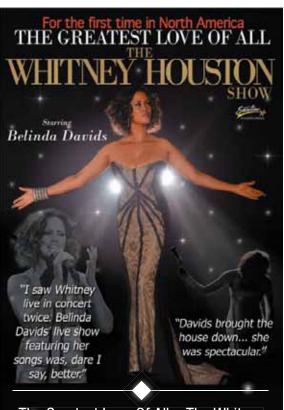
Nolan will also release a thought-provoking sci-fi film this year: the time-travel focused Interstellar, out in November. But Pfister assures he's not in competition with his long-time collaborator. "Chris is an old friend," he says. "He has been incredibly supportive of my move into

THE ASSOCIATED PRESS









The Greatest Love Of All – The Whitney Houston Show starring Belinda Davids is a fun and touching tribute to a true pop icon, presenting a catalogue of Houston's most loved songs from the span of her 29 year career, all performed by the stunning Belinda Davids and her live band and dancers.

The 2 ½ hour concert and stage show includes hits such as 'How Will I Know', 'I Wanna Dance With Somebody', 'Where Do Broken Hearts Go', 'Didn't We Almost Have It All', 'I'm Every Woman', 'Exhale (Shoop Shoop)', 'Step by Step' and of course, 'I Will Always Love You'.





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metre 40 metronews.ca WEEKEND, April 17-20, 2014

When games turn into nightmares



Stress Position.

Canadian filmmaker's genre-bending piece is a psychological trip

CHRIS
ALEXANDER

Make no mistake, writer/director/actor A.J. Bond's Stress Position is a genre film like no other, especially considering it doesn't quite fit comfortably into any genre at all. The dark as moonless night mock-doc Canadian feature tells the tale of two friends (played by David Amito and Bond himself) who inexplicably decide to launch a grim quest to batter the other into a state of submission using non-violent torture. What starts as a game, rapidly dissolves into the stuff nightmares are made of.

"I'd been doing research into Stasi interrogation techniques for a while as a general point of interest," notes Bond.

"I even explored the idea of doing a found-footage style period film designed to look like Soviet interrogation videos. I ultimately wanted to find a way to explore different psychological torture techniques from different eras in one project, including the so-called 'Enhanced Interrogation Techniques' of the U.S. military post-9/11. From there, I wrote a loose outline of how the film might work, and Stress Position was born."

Stress Position more than lives up to its name, causing unbearable anxiety in the viewer by blending Ludivico-esque torment while blurring lines between fiction and truth to a disorienting effect. And underneath all the hideous and often blackly funny shenanigans lurks a potent parable about the vulgar ways in which people treat the people ostensibly closest to their hearts.

"When you get really close to someone, you expose your vulnerabilities and secrets, giving that person great power over you," says the multi-hyphenate filmmaker.

"There's incredible responsibility to being involved in any close relationship, and sometimes it's hard not to get corrupted into using that sensitive material to your advantage, to manipulate them with it. We all think we understand our friends' psychology so well, but there's a kind of violence that we do by subtly profiling each other. We build up a set of expectations and assumptions about our friends that can actually hold them back or hurt them. No one can make us feel as great as a close friend,

Quoted

"When you get really close to someone, you expose your vulnerabilities and secrets."

Stress Position filmmaker A.J. Bond

but also no one else can cut us down to size so quickly and efficiently"

And though Stress Position is not a horror film by definition, it is a film of many horrors and no matter your take on its subject, Bond should be lauded for breaking and defying conventions.

"I'm a genre fan, certainly," ne insists.

"But I think some of the most interesting filmmakers are cleverly combining different genres' techniques to create new and unexpected hybrids. The big films that were on my mind as I approached filming included A Clockwork Orange, Persona, Requiem for a Dream and Funny Games, all difficult films to categorize to some extent, and each with degrees of horror and cult appeal. I think genre labels are useful when you want to toy with the structure of them, but sometimes it's exciting to freewheel in uncharted terriRECEIVE UP TO 1,000 AIRMILES WHEN YOU BUY A PRE-OWNED VEHICLE

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... Kaizen PART AUTOMOTIVE GROUP ZENAUTO, COM metr⊕ **SCENE** metronews.ca WEEKEND, April 17-20, 2014

THESE PAGES COVER MOVIE START TIMES FROM FRI., APR. 18 TO THURS., APR. 24. TIMES ARE SUBJECT TO CHANGE.

Canyon Meadows Bay 110 13226 Macleod Trail, 403-670-5444

12 Years a Slave (14A) Fri-Thu 1:10-3:55 7-9:40

3 Days to Kill (14A) Fri-Thu 1-3:50 7:20-9:50

American Hustle (14A) Fri-Thu 9:35 Dallas Buyers Club (18A) Fri-Thu 12:55-

3:45-7:05-9:45 Frozen (G) Fri-Thu 1:30-4:10-7:10 The Hobbit: The Desolation of Smaug (PG) Fri-Thu 9:05

The Monuments Men (PG) Fri-Thu 1:05-3:50-6:50-9:55

Non-Stop (PG) Fri-Thu 1:20-4:05-7-9:50 The Nut Job (G) Fri 1:15-4-6:55 Sat 11-1:15-4-6:55 Sun-Thu 1:15-4-6:55 Philomena (PG) Fri-Thu 1:35-4:15-7:15 Ride Along (PG) Fri-Thu 10 RoboCop (PG) Fri-Thu 9:45 Son of God (14A) Fri-Thu 12:50-3:40-

The Wolf of Wall Street (18A) Fri-Thu

Crowfoot Crossing 91 Crowfoot Terrace, 403-547-3316

Bears (G) No Passes Fri-Mon 12-2:05-4:10-6:15-8:20-10:25 No Passes Tue 1-3:05-5:10-7:15-9:20 No Passes Wed 3:55-5:55-8:05-10:10 No Passes Thu 1:30-3:55-5:55-8:05-10:10 Star & Strollers Screening, No Passes Wed 1:30 Captain America: The Winter Soldier (PG) Fri-Thu 12:45-3:50-6:55-10 Captain America: The Winter Soldier 3D (PG) Fri 1:10-4:15-7:20-9:50-10:25 Sat-Sun 4:15-7:20-9:50-10:25 Mon-Thu 1:10-4:15-7:20-9:50-10:25 Divergent (PG) Fri-Tue 12:20-3:30-6:45-9:55 Wed 12:20-3:30-9:55 Thu 12:20-3:30-6:45-9:55

Draft Day (PG) Fri-Mon 12-2:40-5:20-8-10:40 Tue-Thu 2:25-5:10-7:50-10:30 The Grand Budapest Hotel (14A) Fri-Thu 12:25-3-5:30-8:05-10:35 Hop (G) Sat 11

It Happened One Night (STC) Sun 12:55 Wed 7

National Theatre Live: War Horse - Encore (STC) Sat 12:30 Noah (PG) Fri-Wed 12:40-3:55-7:10-10:20 Thu 3:55-7:10-10:20 Oculus (14A) Fri-Thu 2:10-5-7:45-10:20 Rio 2 (G) No Passes Fri 1:40-4:30-7:05 No Passes Sat 11-1:40-4:30-7:05 No Passes Sun-Thu 1:40-4:30-7:05 Rio 2 3D (G) No Passes Fri-Mon 12:05-2:35-5:05-7:35-10:05 No Passes Tue-Thu 2:35-5:05-7:35-10:05

Trailer Park Boys: Don't Legalize It (18A) Fri-Mon 12:55-3:20-5:45-8:10-10:40 Tue-Thu 12:35-3:10-5:35-8-10:35

Transcendence (PG) No Passes Fri-Tue 2-4:50-7:40-10:30 No Passes Wed 4:50-7:40-10:30 No Passes Thu 2-4:50-7:40-10:30 Star & Strollers Screening, No Passes Wed 1:30

Eau Claire Market 200 Barlay Parade, 403-263-3166

Captain America: The Winter Soldier 3D (PG) Fri-Sun 12:30-3:40-6:50-9:50 Mon-Thu 5:40-8:40

Dom Hemingway (14A) Fri-Sun 12:50-3:30-7-9:20 Mon-Thu 5:50-8:10 The Grand Budapest Hotel (14A) Fri-Sun 12:40-3:10-6:40-9:10 Mon-Thu 5:30-8 Noah (PG) Fri-Sun 12:20-3:20-6:30-9:30 Mon-Tue 5:20-8:20

Transcendence (PG) No Passes Fri-Sun 1-4-7:10-10 No Passes Mon-Thu 6-8:50 Le Week-end (14A) Fri-Sun 1:10-3:50-7:20-9:40 Mon-Thu 6:10-8:30

Landmark Cinemas 16 **Country Hills** 388 Country Hills Blvd., 403-686-8491

2 States (STC) Fri-Mon 12:10-6-9:20 Tue-Thu 6-9:20

Bears (G) Fri-Mon 10:15-12-2-7-9:10 Tue-Thu 3:10-7-9:10

Captain America: The Winter Soldier (PG) Fri 11 Sat-Sun 9:40-3:50 Mon 11 Tue-Thu 3:50

Captain America: The Winter Soldier 3D (PG) Fri-Mon 10:20-12:30-1-4-6:50-7:15-10-10:15 Tue-Thu 4-6:50-7:15-10-10:15 Divergent (PG) Fri-Thu 6:40-9:45 Draft Day (PG) Fri-Mon 1:40-4:30-7:20-10:05 Tue-Thu 4:30-7:20-10:05 God's Not Dead (PG) Fri-Mon 10 Tue-Thu 4:20-7:25-10:10

Heaven Is for Real (PG) Fri-Mon 12:40-3:15-6:20-9:30 Tue-Thu 3:15-6:20-9:30 Muppets Most Wanted (G) Fri-Mon 12:25-3:25 Tue-Thu 3:25

Noah (PG) Fri-Mon 12:20-3:35-6:45-9:50 Tue 3:35-6:45-9:50 Wed 3:35-9:50 Thu 3:35-6:45-9:50

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Bears (G) Fri-Mon 10:30-1:30-4:10-6:30-9:20 Tue-Thu 1:30-4:10-6:30-9:20 Captain America: The Winter Soldier (PG) Fri-Sat 10:10-12-3:20-6:40 Sun 10:10 Mon 10:10-12-3:20-6:40 Tue-Thu 12-3:20-6:40

Captain America: The Winter Soldier 3D (PG) Fri 9:20 Sat 9:50 Sun 9:20 Mon-Thu 9:50 Fri-Thu 12:30-3:45-7:10-10:15 Divergent (PG) Fri-Mon 10:20-11:45-3-6:50-10 Tue 11:45-3-6:50-10 Wed 3-6:50-10 Thu 11:45-3-6:50-10 Draft Day (PG) Fri-Tue 12:15-3:10-7:20-10:10 Wed 3:30-7:20-10:10 Thu

403-212-8994

300: Rise of an Empire 3D (18A) Fri-Sun 7:15-10 Mon-Thu 4:15-7:35-10:05 Bad Words (14A) Fri-Sun 8:10-10:30 Mon-Wed 8:20-10:40 Thu 8:10-10:30 Bears (G) No Passes Fri-Thu 12-2:05-4:10-6:15-8:20-10:25

Captain America: The Winter Soldier (PG) Fri 12:20-3:30-6:40-9:45 Sat 1:25-4:30-7:40-10:45 Mon-Thu 12:30-3:30-

Captain America: The Winter Soldier 3D (PG) Fri-Sun 1:20-4:30-7:40-10:50

Divergent (PG) Fri-Sun 1-4-7:10-10:20 Mon-Thu 12:30-3:40-6:50-9:55

National Theatre Live: War Horse - Encore (STC) Sat 12:30 Noah (PG) Fri-Sun 1:05-4:20-7:30-10:35 Mon-Thu 12:25-3:50-7:10-10:20 Oculus (14A) Fri-Sun 12:25-2:55-5:35-8:10-10:45 Mon-Thu 1:25-4-6:45-9:35

The Princess Bride (STC) Thu 7:30 The Raid 2: Berandal (18A) Fri-Sun 10:45 Mon-Thu 10:35

Rio 2 (G) No Passes Fri-Sun 12:40-3:10-5:45-8:20 No Passes Mon-Thu 12:10-2:45-5:20-8

Rio 2 3D (G) No Passes Fri-Sun 11:50-2:30-5:05-7:40-10:15 No Passes Mon-Thu 12:45-3:45-6:45-9:50

Fri-Thu 1-3:25-5:50-8:15-10:40 Transcendence (PG) No Passes Fri-Wed 12:45-3:45-6:40-9:45 No Passes Thu 3:45-

Bears (G) No Passes Fri-Sat 12-2:05-4:10-6:15-8:20-10:25 No Passes Sun 12:10-2:10-4:20-6:30-8:40 No Passes Mon 12-2:05-4:10-6:15-8:20-10:25 No Passes Tue 12:55-3:05-5:10-7:15-9:25 No Passes Wed 3:05-5:10-7:15-9:25 No Passes Thu 12:55-3:05-5:10-7:15-9:25 Star & Strollers Screening, No Passes Wed 1 Captain America: The Winter Soldier (PG) Fri-Mon 12:15-3:30-6:40-9:55 Tue-Thu 1:25-4:35-7:45 Captain America: The Winter Soldier 3D (PG) Fri-Mon 12:50-4:05-7:15-10:25

Tue-Thu 1-4:05-7:10-10:15 Disco Singh (PG) Fri-Mon 2:55-6:20-9:30 Tue-Thu 2:20-6-9:05 Divergent (PG) Fri-Sat 11:45-3:05-

6:30-9:45 Sun 12:25-3:40-6:50-10 Mon 11:45-3:05-6:30-9:45 Tue 2-6:15-9:40 Wed-Thu 2-9:40 Draft Day (PG) Fri-Sat 12:55-4-6:50-9:50

Sun 12:20-3-6:20-9:05 Mon 12:55-4-6:50-9:50 Tue-Thu 1:10-3:50-6:55-9:50 Heaven Is for Real (PG) No Passes Fri-Sat 11:30-2:10-4:55-7:30-10:10 No Passes Sun 11:50-2:25-5-7:35-10:15 No Passes Mon 11:30-2:10-4:55-7:30-10:10 No Passes Tue 1:30-4-7-9:35 No Passes Wed 4-7-9:35 No Passes Thu 1:30-4-7-9:35 Star & Strollers Screening, No Passes Wed 1:30 Hop (G) Sat 11

In the Blood (STC) Thu 7:30 Mr. Peabody & Sherman (G) Fri-Sat 12:30-3-6:45 Sun 12:30-2:55-6 Mon 12:30-3-6:45 Tue-Thu 1:15-4:10-6:45 Noah (PG) Fri-Sat 11:45-2:50-6:25-9:40 Sun 12:35-3:45-6:50-10 Mon 11:45-2:50-6:25-9:40 Tue-Thu 1:40-6:30-10:05 Oculus (14A) Fri-Sat 12:45-4:30-7:20-10:05 Sun 12:40-3:25-6:05-9 Mon 12:45-4:30-7:20-10:05 Tue-Thu 1:35-4:20-7:35-10:10

The Other Woman (STC) No Passes Thu 9:10

Rio 2 (G) No Passes Fri 11:40-12:15 No Passes Sat 11:40 No Passes Sun 11:35-12:15 No Passes Mon 11:40-12:15 No Passes Tue-Thu 1:20 Rio 2 3D (G) No Passes Fri-Sat 2:20-5-

7:40-10:15 No Passes Sun 2:15-4:50-7:35-10:10 No Passes Mon 2:20-5-7:40-10:15 No Passes Tue-Thu 4:15-7:20-9:55 Trailer Park Boys: Don't Legalize It (18A) Fri-Sat 11:50-2:25-5:10-8-10:30 Sun 12:20-2:50-5:20-7:50-10:20 Mon 11:50-2:25-5:10-8-10:30 Tue-Thu 1:50-4.30-7.25-10

Transcendence (PG) No Passes Fri-Sat 1-3:55-7-10 No Passes Sun 12:10-3:15-7-10:05 No Passes Mon 1-3:55-7-10 No Passes Tue-Thu 1:05-3:55-6:50-9:45

Westhills 10 165 Stewart Green, 403-246-5291

Bears (G) No Passes Fri-Mon 12:30-2:40-4:50-6:55-9 No Passes Tue-Thu 5:30-8 Captain America: The Winter Soldier 3D (PG) Fri-Mon 12:45-3:50-7-10:10 Tue-Thu 5:25-8:35

Divergent (PG) Fri-Mon 6:40-9:50 Tue 8:20 Thu 8:20

Draft Day (PG) Fri-Mon 1:05-3:45-6:45-9:35 Tue-Thu 6-8:40

The Grand Budapest Hotel (14A) Fri-Mon 1-3:55-7:15-9:55 Tue-Thu 5:45-8:45 Heaven Is for Real (PG) No Passes Fri-Mon 12:35-3:30-7:05-9:40 No Passes Tue-Thu 5:55-8:25

Mr. Peabody & Sherman (G) Fri-Mon 12:45-3:25 Tue 5:50 Thu 5:50 Muppets Most Wanted (G) Fri-Mon 12:50-3:35 Tue-Thu 5:40

Noah (PG) Fri-Mon 6:50-10 Tue-Thu 8:30

Rio 2 (G) No Passes Fri-Mon 12:40 No Passes Tue-Thu 5:35 Rio 2 3D (G) No Passes Fri-Mon 3:20-6:30-9:10 No Passes Tue-Thu 8:15 Trailer Park Boys: Don't Legalize It (18A)

Fri-Mon 1:10-4:20-7:20-9:45 Tue-Thu 6:05-8:45 Transcendence (PG) No Passes Fri-Mon 1:20-4:15-7:10-10:05 No Passes Tue-Thu 5:50-8:50

6:40-9:45

Mon-Thu 1:20-4:25-7:30-10:35 Fri-Sun 12:50-4-7:10-10:20 Mon-Thu 12:50-3:55-

Draft Day (PG) Fri 12-2:40-5:20-8-10:40

Trailer Park Boys: Don't Legalize It (18A) 6:40-9:45 Star & Strollers Screening, No



Oculus (14A) Fri-Mon 12:45-3:45-7:40-10:15 Tue-Thu 3:45-7:40-10:15 The Other Woman (STC) Thu 9 The Quiet Ones (STC) Thu 10 The Raid 2: Berandal (18A) Fri-Mon 12-3:15-6:30-9:45 Tue-Wed 3:15-6:30-9:45 Thu 3:15-6:30 Rio 2 (G) Fri-Mon 12:10-3:10-3:40-6:10-9 Tue-Wed 3:40-6:10-9 Thu 3:40-6:10 Rio 2 3D (G) Fri-Mon 10:10-1:10-4:10-7:10-9:40 Tue-Thu 4:10-7:10-9:40 Trailer Park Boys: Don't Legalize It (18A)

4:40-7:50-10:10 Transcendence (PG) Fri 12:50-3:50-9-9:55 Sat-Sun 9:50-12:50-3:50-9-9:55 Mon 12:50-3:50-9-9:55 Tue-Thu 3:50-9-9:55

Fri-Mon 1:50-4:40-7:50-10:10 Tue-Thu

Transcendence: The IMAX Experience (PG) Fri-Mon 12:15-3-6:30-9:40 Tue-Thu 3-6:30-9:40

12:15-3:10-7:20 Heaven Is for Real (PG) Fri-Thu 1:45-

4:30-7:40-10:20 Mr. Peabody & Sherman (G) Fri-Mon 10:30-12:45-3:30 Tue-Thu 12:45-3:30 Noah (PG) Fri-Thu 6:20-9:30 The Other Woman (STC) Thu 10 Rio 2 (G) Fri-Mon 10-4 Tue-Thu 4 Rio 2 3D (G) Fri-Thu 1:15-7-9:40 Trailer Park Boys: Don't Legalize It (18A) Fri-Thu 2-4:45-7:50-10:30 Transcendence (PG) Fri-Thu 1-4:20-7:30-10:30 Wed 1

Globe Cinema 617-8 Avenue, 403-262-3308

(STC) Fri 3:30-7-9:10 Sat-Sun 1:10-3:30-7-9:10 Mon-Thu 7-9:10 The Invisible Woman (PG) Fri 3:20-6:50-9 Sat-Sun 1-3:20-6:50-9 Mon-Thu 6:50-9

> **Scotiabank Chinook** 6455 MacLeod Trail,

Sat 5:25-8-10:40 Sun 12-2:40-5:20-8-10:40 Mon-Wed 1-4-7:15-10:15 Thu 4-7:15-10:15 Star & Strollers Screening Thu 1

The Grand Budapest Hotel (14A) Fri-Sun 12:25-2:50-5:20-7:55-10:25 Mon-Thu 1:40-4:30-7:45-10:15

Heaven Is for Real (PG) No Passes Fri-Sat 12:20-2:50-5:20-7:50-10:20 No Passes Sun 12:20-2:50-5:20-5:40-7:50-8:10-10:20-10:40 No Passes Mon-Tue 12:20-2:50-5:20-7:50-10:20 No Passes Wed 1:35-4:05-10:20 No Passes Thu 12-2:30-5-10:20 No Passes Sun 3:20 Hop (G) Sat 11

It Happened One Night (STC) Sun 12:55 Wed 7

The LEGO Movie (G) Mon-Wed 1:30 The LEGO Movie 3D (G) Fri-Sun 11:35-2-4:35

Muppets Most Wanted (G) Fri-Sun 11:30-2:15-5 Mon-Thu 12-2:50-5:35 Passes Thu 1

Transcendence: The IMAX Experience (PG) No Passes Fri-Sun 11:30-2:20-5:10-8-10:50 No Passes Mon-Thu 1:20-4:20-7.20-10.10

Plaza Theatre 1133 Kensington Rd. N.W., 403-283-3636

Bad Words (14A) Fri-Sat 7 Sun 1:30-6:15 Mon-Wed 7 The Raid 2 (18A) Fri 9 Sat 4-9 Sun 3:30-8:15 Mon-Wed 8:45 Thu 9:15

Sunridge Spectrum

2555 32nd Street, 403-717-1200 2 States (STC) Fri-Sat 12:40-4:20-7:50

Sun 12:45-4:15-7:45 Mon 12:40-4:20-7:50 Tue-Thu 2:10-5:55-9:20 300: Rise of an Empire 3D (18A) Fri-Sat 9:15 Sun 8:30 Mon 9:15 Tue-Wed 9:10

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Comic Expo goes boom! Pow! Blam!

Exploding popularity.

More than 60,000 attended last year



BACKSTAGE

The Calgary Comic & Entertainment Expo hasn't grown so much as exploded in popularity since its inception in 2006.

About 3400 people walked through its doors the first year, while 60,000 people took in the event in 2013.

"We grew faster in attendance and size than we did as a company," says Calgary Expo founder and event director Kandrix Foong, who now employs seven full-time staff.

"I funded the whole Expo the first year. It wasn't like I could hire people when there's not enough money to go around. Money from each year's show goes into next year's stuff."

The hard work and money Foong has invested in Calgary Expo has more than paid off.

An extra day has been added to this year's event, which takes place April 24 to April 27 at the BMO Centre in Stampede Park.

porary pavilion will be set up at



commodate even more people. So far, ticket sales are in excess of 80,000.

Part of the reason for the Calgary Expo's success is the carefully curated guest list.

In 2012, the show attracted the entire of cast of Star Trek: The Next Generation. A year later, The Walking Dead's Norman Reedus and everyone's favourite Game of Thrones Lannister, Peter Dinklage, were the main draws.

In addition to a reunion between Sigourney Weaver, Paul Reiser, Michael Biehn and Bill Sean Astin, Craig Parker and Billy Boyd from The Lord of the Rings trilogy; The Hobbit actors Dean O'Gorman, Mark Hadlow and Jed Brophy, and former Doctor Who stars Matt Smith and Karen Gillan.

"We try to bring out people you don't see very often," Foong says.

Tickets

Weekend passes for the Expo are sold out, but there are still single-day tickets



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Not royal material? Harry's friends don't see Cressida being a happy princess

There's been ample speculation that the next royal wedding will be between Prince Harry and girlfriend Cressida Bonas, but some of his friends don't think that's such a hot idea, according to E! News. "There is a growing feeling among a small section of them that Cressida isn't the perfect choice for him," a source says. "I don't think it's because there is anything wrong with their relationship or they don't

like her, but there is concern that she is too much of a free spirit to be happy in the royal family long-term. They worry that she wouldn't be able to fully adapt to that lifestyle. They think she's too carefree and would find it difficult to live by the protocol that comes with the job, which of course it is. It might be too much of a constraint for her. And that could cause problems for everyone"

That '70s baby: Mila and Ashton expecting a girl and couldn't be happier

It looks like it's going to be a girl for Mila Kunis and Ashton Kutcher, according to Us Weekly. Several sources confirm in the magazine that the pregnant Kunis is expecting a daughter. It will be the first child for the soon-to-be-married couple, though Kutcher was previously stepfather to Demi Moore's three daughters. "Mila absolutely loves being pregnant," one source says, while another adds that the equally ecstatic Kutcher "is dot-



ing on Mila." No word yet on a due date or a wedding date.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Looks like someone skipped their love vaccine

MELINDA TAUB

If Donnie Wahlberg wants to get vaccinated against anything, he should do it soon: He and Jenny McCarthy are engaged.

McCarthy got choked up Wednesday morning on The View as she announced her engagement to 44-year-old actor Wahlberg, and her cohost Barbara Walters offered her apartment as a wedding venue. McCarthy

and Wahlberg have been a couple since July 2013. They met on the set of McCarthy's now-defunct talk show.

McCarthy had hinted to her Twitter followers earlier in the day that she had some big news in the pipeline.

This will be the second marriage for both bride and groom. McCarthy was married to John Mallory Asher from 1999 to 2005. They have an 11-year-old son, Evan. She also dated actor Jim Carrey from 2005 to 2010. Wahlberg was married to Kim Fey from 1999 to 2008. They have two sons, Xavier and Elijah.

No word on where the bride and groom are registered, but I'm planning to send them an elegant bouquet of vaccines.



Avengers: Age of Secrecy? Olsen 'terrified' to spill any info about movie

Elizabeth Olsen admits she was more than a little intimidated about joining the returning superheroes of next year's Avengers: Age of Ultron, but being the new kid on a super-team isn't nearly as daunting as maintaining the level of secrecy a Marvel film requires. "Any time they give us a call sheet or any time there's a new draft, they have to shred our old papers. I don't think I'm allowed to say anything.

And I'm too terrified," she tells Flaunt magazine. "I really just feel like I'm doing something that's top secret and somehow has a lot more importance than anything else I've been around, so that alone is hilarious. I want to take a photo and send to my friends — not that I want to tweet or Instagram it, just for personal reasons — and I feel like I'm going to get in trouble if I take a photo on set."





@aaroncarter

The Forrest Gump soundtrack is the epitome of my



@kirstiealley

It's hard to be funny these days...many take things literally ... and social media trolls think they are literate



@iamwand a sykes

My in-laws are staying with us. Fondue for dinner...I feel like I just ate four grilled cheese sandwiches.



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A runway that's run their way

The Anti-Agency is the modelling agency that won't get in line and conform.

The founders explain why their company favours an attitude and a backstory over a conventional cut 'n' paste face

"I have no problem with models getting their tits out but I do have a problem when there's an extreme disparity between how men and women are presented," asserts Anti-Agency model Amy Blakemore. The shaven-headed, award-winning poet adds, "Implied submissive is the only thing that I would refuse to do for a client — it's a feminist principle thing." She chuckles.

It's not an opinion that's often vocalized amongst the fashion industry, let alone its silent model subjects. "We don't hire people who want to be models," says Anti-Agency co-founder Pandora Lennard. Lennard and her business partner Lucy Greene, who are officially launching the London-based agency this month, put no pressure on any of their ineffably beautiful, tattooed and pierced model misfits to conform to any industry standard statistics. They're in control of their appearance from body hair to BMI, as well as the jobs that they take on.

The fashion world has never truly been a great advocate of







free speech or choice amongst its models. So are the 24-yearold founders not concerned that outspoken individuals could potentially be bad for business? "Brands like someone who authentically represents their identity," argues Greene. "They know they're not going to get some quiet model; they're bolshie but wellbehaved."

It's an attitude that fits well with clients such as Dr. Martens, Vivienne Westwood and ASOS. "If you're being booked through the Anti-Agency, both the model and the brand know what to expect," says musician, model and barman Chris Tanner. Makeup artist and model Portia Williams agrees, "They take you on for who you are

intuitive business model suits a generation of 20-somethings who can't be defined by a single job title - it's the rise of the model / DJ / any other artsy

tional and people want to get to know them beyond just an image," says Lennard. They're part of a new wave of 'personality girls' like "[rainbow-haired] Chloe Norgaard, Cara Delevingne and Kendall Jenner."

Indeed, social media selfpromotion has the public tuning in to the private lives of models in a previously unprecedented way. "It's about them as individuals," says Greene. It's the reason in the celebrity sphere that we expect the impromptu Instagram image of Delevingne's tongue or Miley Cyrus' bum. The talent agents use social media themselves to scout for future faces. "You can see into their lives through Facebook and In-

and not just the way you look." The fashion stylists' counter-

"Our models are aspira-

stagram," explains Greene. "It's Facebook stalking. We've had 2 a.m. phone calls like, 'Have you seen this girl?'," admits Lennard.

And for the duo - who first saw the business as an opportunity to help out their cash-starved creative friends

it's time to take advantage of fashion's current craze for kookiness and expand their 50-strong roster to the global market. And who knows, the Anti-Agency's new model army might just make conventional beauty seem oh so last season. METRO WORLD NEWS IN LONDON





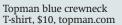
Colour splash

Squint your eyes: This selection makes Crayola crayons look drab. Yes, this spring is the season to step out in a shamelessly bold and bright ensemble.

METRO WORLD NEWS











Band of Outsiders chinos, \$250, mrporter.com

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Photo courtesy of Sephora





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nostalgia at the St. Lav Antique Market, on the hunt fo



Canadian street style

Spotted in: Toronto

Name: Jennifer Dang

Age: 26

Occupation: Bridal Stylist and Buyer

What she's wearing:

"Ninety per cent of the time, you will find me wearing a dress. I made my kneelength black chiffon skirt from an old bridesmaids dress from Ferré Sposa, which has become a staple piece in my wardrobe. My top is actually a dress I ordered online from forever21, along with my belt. I'm also wearing black suede pumps from Michael Kors, an oversized purse from H&M and my Jacket is from Mackage."

"If you ever meet my mom, you would probably say her! But since you likely won't, I would describe her style like Audrey Hepburn's, timeless and elegantly

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Earn your stripes

Regatta-style stripes aren't just for the cucumber sandwich set. It's the season to sport your club colours.

METRO WORLD NEWS





Ami striped trousers, \$300, mrporter.com





Oar-some style

Join the rowers — oars and all — in a Henley shirt. It's the collarless cut that'll keep you on stroke with classic regatta style. At least you'll look the part even if your body's not boat-ready.

H&M Henley shirt, \$10, hm.com



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metronews.ca
WEEKEND, April 17-20, 2014
LIFE 49

Boost your backyard privacy

DIY. Three ideas to turn your backyard into a personal oasis away from prying eyes

Keeping the backyard private shouldn't be as complicated as building kitchen cabinets or adding a second floor. A few clever projects will block out curious onlookers and create a more comfortable space to spend time with friends and family. Instead of waiting for the perfect weather to start tuning up the backyard, start this long weekend to keep the summer open for relaxing. Regardless of experience, don't resort to boring, bland fen-

For more backyard tips

Tune in to Yard Crashers, Wednesdays at 10 p.m. ET/ PT on DIY Network Canada. cing — instead, opt for a few more creative and colourful solutions

For the beginner

Since not every yard comes with mature tree cover, use lattice for an easy and costefficient solution to privacy issues. Generally sold in large panels, lattice is easy to cut to size and can be used with decks or as a standalone unit on the lawn or patio. The most popular materials are wood and plastic, so do some research to learn the pros and cons of each. For those with a green thumb, plant vines or other climbing plants at the base and watch the lattice turn into a beautiful green

For the weekend warrior

Faux stone panels help break up the monotony of an entirely wood gazebo or deck without the back-breaking

A vine-covered pergola provides pretty overhead cover. ISTOCK

work. Add a wall to each side of the deck or build around a hot tub for a more exotic experience. Available in different colours and styles, these panels are durable, light, and require minimal maintenance. To really impress guests, decorate these walls just like interior rooms and hang something ornamental

with dramatic lighting for the evenings.

For the veteran handyman

If you suspect the neighbours are spying from balconies or upper windows, it's time to look into pergolas. These atractive architecture pieces not only block sightlines but

also provide shade. Situate your pergola over patio hot spots like the dining table or lounge area to create a complete outdoor room. For added privacy, hang flower baskets from the frame. While pergola kits are available, they can also be designed and built by a seasoned DIY-er for that one-of-a-kind look.

Made in the shade

If you suspect the neighbours are spying from balconies or upper windows, it's time to look into pergolas.

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Victorian garden-variety style beats path to 21st century's door

Pluck out of the era.

Create a conservatorylike haven with delicate birdcages & leafy motifs

Those drawn to 19th century style may be pleased to learn that vintage garden decor is a trend this spring and summer.

The look involves florals, weathered wood, wire, period typography, bird motifs and accessories, and other elements with a Victorian vibe, says Tom Mirabile, a trend watcher for Lifetime Brands.

The appeal lies largely in the era's garden-as-haven esthetic, he says.

"We look at the Victorian age as an era when there was just a lot of time," he said at an industry trends seminar earlier this year at the NY Now trade show in New York.

Conservatories, greenhouses and aviaries were popular in stately Victorianera homes, but even modest residences might have a little birdcage. Fashionable too were ferns, palms and terrariums.

Captivating birdcages

Pottery Barn's got miniature greenhouses this season made of white-painted distressed pine and glass, perfect terrariums for small plants. A replica of a vintage birdcage is made of wire painted hunter green; it's tall enough to house an elegant orchid, but would also work as a tabletop

On a grander scale is the retailer's Conservatory bird-

cage, a nearly five-foot-long mahogany and wire piece that would fit on a console table or atop a long shelf. While it's dramatic in and of itself, a collection of objects would look amazing inside it. (potterybarn.com)

Patterns in bloom

Floral motifs — and roses in particular — were all the rage during the Victorian era. Art and textiles featured illustrated flora and fauna from home and exotic parts of the world.

Bradbury & Bradbury now offers a couple of art wallpapers derived from illustrations by period artists William Morris and Walter Crane. Fenway has an Art Nouveau-style pattern with irises at its heart, while Woodland showcases the artistry of both Morris and Crane — winsome rabbits and long-legged deer cavort across a leafy landscape. (bradbury.com)

Designer Voytek Brylowski offers prints of works by Victorian illustrators Mary and Elizabeth Kirby. Parrots, toucans, lilies and humming-birds are hand-coloured, vibrant examples that can be mounted in simple frames and placed near a patio door— or anywhere the gentility and charm of the period might be appreciated. (etsy. com/shop/VictorianWallArt)

Jennifer Stuart, an artist in Tulsa, Oklahoma, has designed a collection of plates depicting damask and floral prints of the 19th century on patio-friendly melamine. (zazzle.com)

And Pier 1's Floria collec-

tion has a vintage damask pattern in garnet, soft blue and grass-green in a collection of indoor/outdoor rugs and throw pillows. (pier1. com)

Wicker ways

Cast-iron and wicker furniture and containers were used both indoors and out in the late 19th century, just as today we use rattan chairs in the family room and the garden, or iron plant stands in the kitchen as well as the patio. Restoration Hardchair that's withstood hundreds of years of style changes. A good selection in both real wood and Polywood, a recycled plastic resembling wood, is athayneedle.com.

Baskets weave a spell

West Elm's collection of soft yet sturdy braided baskets, woven of bankuan grass, evoke French laundry bins. Use them as storage in any room; the natural colour makes them versatile. (westelm.com)

Turquoise chicken-wire



ware's Hampshire and Bar Harbor all-weather wicker collections include chairs and sofas in restful shades of cream, grey and mocha. (restorationhardware.com)

Early visitors to resorts in New York's Adirondack Mountains discovered the eponymous big wooden baskets and cloches can be found at farmhousewares. com, which also has a vintage-style garden supply shop sign in the form of a hand. Galvanized planter pots in sets of six would make great receptacles for herbs or miniature blooms.

THE ASSOCIATED PRESS



The birdcage is the word

large and small. Pottery Barn/the associated press

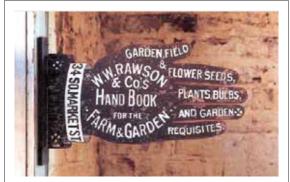
A large Conservatory birdcage made of mahogany and wire would look striking alone, or filled with elements of a personal collection, or even plants. POTTERY BARN/THE ASSOCIATED PRESS



Pine for a tiny terrarium

A terrarium made of distressed painted pine and glass replicates early greenhouses, popular during the Victorian era. POTTERY BARN/ THE ASSOCIATED PRESS





Hand it to the Victorians

A metal sign from Farmhouse Wares, printed on both sides, is wall art with graphic punch and old fashioned charm. Farmhouse wares/the associated press

metronews.ca
WEEKEND, April 17-20, 2014

LIFE 51

Go early, bring cash, and other tips on shopping flea markets for decor

Treasure hunt.

Secondhand items add one-of-a-kind flair whatever your budget

The arrival of spring means that flea markets are reopening for business around the country. Shoppers will hunt for treasures amid acres of used goods. A few will come home with just the right vintage art or quirky piece of furniture to make their home more beautiful.

Jaime Rummerfield, cofounder of Woodson & Rummerfield's House of Design in Los Angeles, sometimes mixes flea-market finds with high-end new furnishings to decorate the homes of her celebrity clients.

"The beauty of flea markets," she says, "is you never know what you will find. There's nothing like being outdoors or in a place off the beaten path rummaging through old treasures."

Los Angeles-based interior designer Brian Patrick Flynn, creator of the Flynnside-Out design blog, also hunts for vintage pieces: "I shop second-hand regardless of my project's budget or client's level of taste," he says. "Vintage and thrift is the best way to add one-of-a-kind flair to a space without insanely high cost."

There is luck involved, of course. But skill also plays a role. As you browse crowded tables of used things this spring, how can you find the treasures that will give your home an infusion of style while avoiding decorating disasters?

Here, Flynn, Rummerfield and another interior designer who shops for vintage decor— Lee Kleinhelter of the Atlanta-based design firm and retail store Pieces— tell how they do it.

When to go

Winter and early spring are perfect for flea-market shopping, says Flynn.

"Since 'thrifting' and 'antiquing' are often associated with gorgeous weather and weekend shenanigans, many people shy away from hunting for their vintage finds when it's cold or gloomy," he notes, so go now and go early.

"I usually show up just as

the flea market opens to ensure I see every new item as it's put out on display," he says. "When you wait until the end of a flea market's run to check out its stuff, you're likely to find mostly leftovers, things priced too highly which others passed over, or things that are just way too taste-specific for most people to make offers on."

Time travel

Rummerfield occasionally finds signed artwork and ceramics by noteworthy artists at flea markets and antique malls.

"It is amazing to see what people cast away," she says. "I personally hunt for Sasha Brastoff ceramics because of his unique California heritage as a set decorator and artist." She has also found vintage Billy Haines chairs and Gio Ponti lighting at flea markets.

So read up on the designers and artists from your favourite periods, and then hunt for their work or impressive knockoffs.

A single flea market might offer goods from every decade of the 20th century. Can you put a lamp from the 1970s on a table from 1950? Yes, if the shapes and colours work well together, Kleinhelter says.

If your home has contemporary decor, Rummerfield says it can be powerful to add one statement piece — a side table, say, or a light fixture — from a previous era.

But "a little bit goes a long way. Use vintage in moderation with contemporary spaces," Rummerfield says. "It will highlight the uniqueness of the vintage item. You don't necessarily want to live in a time capsule."

Fixer-uppers

You may assume that old upholstered furniture should be avoided, especially if the fabric looks dirty or damaged. But these designers say it's actually a great thing to hunt for: "Hands down, upholstery is the best deal to walk away with at flea markets. Just make sure you train your eye to pay no attention to the existing fabrics," Flynn says. "Zero in on the lines of the frames instead."

Kleinhelter agrees: "I usually gravitate toward the bones and frames of vintage

pieces, and I make them my own by adding fun fabric or lacquering the base."

The same goes for lighting. Buy it if you love it, but get the wiring updated by a professional. Flynn usually estimates an extra \$50 to \$75 per fixture for updating the wiring, so keep that cost in mind as you bargain.

Mix and match

Be on the lookout for pieces you can use together. "You don't need multiples of the their prices since you're guaranteeing them more sales, which in turn also makes their packing up and leaving much easier."

You should bargain, but don't go so low that you'll insult the seller. "If something is marked \$185, it's probably not ideal to offer \$50," Flynn says. One option is to negotiate for a 25 per cent to 35 per cent discount.

And do bring cash. "Mom and pop dealers don't have the luxury of taking credit cards due to the charges ac-



Look for pieces with great bones

"I usually gravitate toward the bones and frames of vintage pieces, and I make them my own by adding fun fabric or lacquering the base."

Interior designer Lee Kleinhelter

same chair or sofa to make a room work," Flynn says. "Stick with those which have similar scale and proportion, then recover them in the same fabric."

Once you get home, use flea market finds sparingly, Flynn says, mixing them in with the pieces you already own: "A few big pieces mixed with some smaller ones added to your existing stuff can instantly take an unfinished space and make it feel way more finished and remarkably personal."

Money advice

"The best way to get an amazing deal is to buy a bunch of different items from the same vendor," says Flynn. "This way, they can actually lower

quired," Flynn says. "If you bring enough cash with you, you're more likely to be able to negotiate successfully."

Personal taste

Above all, choose items that delight you. "I never focus on eras or hunt for specific designers," Kleinhelter says. "Pick what you like."

And be open to serendipity. "When I'm looking for furniture, I always stumble across a good vintage jewelry or clothing vendor and end up with a fun bauble of a bracelet or necklace," Rummerfield says.

"Prices are usually so reasonable, you come away with a good amount of loot. It is always a day well spent."

THE ASSOCIATED PRESS



After finding this 1960s sectional for \$300 at a flea market, designer Brian Patrick Flynn splurged to have it refinished in high-gloss charcoal lacquer to highlight its chinoiserie detail. Flynn says finishing costs can make or break a deal when buying vintage. sarah borio/BRIAN PATRICK FLYNN/FLYNNSIDE OUTBLOG/THE ASSOCIATED PRESS

For safety's sake



To ensure safety, designer Brian Patrick Flynn had this 1960s era glass and chrome chandelier found for \$150 at a flea market rewired before installing it in a dining room. Flynn suggests always splurging on electrical and upholstery updates to add longevity to vintage finds. metr

52 LIFE



A ladybug is a gardener's pest friend

Mini-predators.

Protect your garden the natural way with a tiny army of insect-eating bugs

Gardeners worried about the safety of synthetic pestcontrol products sometimes turn to botanically derived compounds instead. But many of those also contain toxic ingredients such as nicotine, rotenone and pyrethrins.

"Botanically derived pesticides are not always safe and some are more hazardous than synthetics," said Linda Chalker-Scott, an extension horticulturist at Washington State University's Puyallup Research Center. "Any improperly used pesticide will contaminate nearby terrestrial and aquatic systems."

And don't use home remedies, she said, which could be "illegal and possibly fatal to many good things in your garden."

How to go bug wild

Where to find beneficial insects? Aside from luring wild singles into your yard with the necessary food, water and shelter, you can simply buy several hundred for release from containers at garden centres or on the Internet.

Instead, consider the benign-neglect school of pest-control — a mix of prevention (such as maintaining healthy soil) and natural controls (such as insect-eating insects).

"I don't add fertilizers. I don't use pesticides. I use a wood chip mulch, which provides habitat for beneficial insects like predacious ground beetles that may eat slugs and slug eggs," Chalker-Scott said in an email.

Ninety-nine per cent of the insects in our yards are benign or even beneficial, writes Jessica Walliser in her new At-

...who knows a guy who grew up with a woman who has a grandma... Cut to the chase on page 55. ATB Financial

tracting Beneficial Bugs to Your Garden: A Natural Approach to Pest Control (Timber Press). She recommends introducing insects that eat other insects.

"A single ladybug — probably the most illustrious beneficial predatory insect — can consume up to 5,000 aphids during its lifetime," Walliser says, adding that there are thousands of other insect species capable of doing the same thing.

To keep these predatory insects around, however, you have to offer a diverse and pesticide-free garden with

plenty of plant-based foods.

"Just like people, most species of beneficial insects need a balance of carbohydrates (found in nectar) and protein (found in their prey) in order to survive," Walliser said.

Provide plants that produce flowers with shallow, exposed nectaries, she said. "Many beneficial insects are very small and don't have specialized mouthparts for accessing nectar from tubular flowers. Members of the carrot family and the aster family are great places to start."

Prevention, though, is probably the best way to keep

Step into the World of 3D Design



The owner of this hobby greenhouse, in Langley, Wash., provided plants producing flowers with shallow-based nectaries that attract small beneficial insects. You can introduce predatory insects into your greenhouse but they won't stick around long unless they're surrounded by a diverse and pesticide-free environment with plant-based foods. DEAN FOSDICK/THE ASSOCIATED PRESS

problem insects away, said Christy Wilhelmi, a garden designer from Los Angeles and author of Gardening for Geeks (Adams Media, 2013).

"If you have healthy soils, you won't have as many pests

and you won't need to use pesticides," she said. "Avoid (plant) stresses. Have soil with a lot of organic matter in it. Check your garden every day and you won't need pest control." THE ASSOCIATED PRESS

metronews.ca WEEKEND, April 17-20, 2014

That's one green, mean aphid-eating machine

"A single ladybug — probably the most illustrious beneficial predatory insect — can consume up to 5,000 aphids during its lifetime."

Jessica Walliser, author of Attracting Beneficial Bugs to Your Garden: A Natural Approach to Pest Control







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CENTRE

So many ambitious homeowners are afraid to invest money in their places, knowing they will be moving onward and upward every couple of years until they reach the final home of their dreams.

Owning a temporary or transitional space doesn't mean it can't evoke style and reflect your taste. That being said, investing in custom decor ideas for each place can be a huge waste

of money as you move your way up the real estate ladder. To help inject style and trends into your life until you finally reach your dream home, the secret is to think like you're living in a temporary rental.

Here's where you should and should not spend your

DON'T invest in fancy trims,

painting an entire room. easily-removable Adding wall decals or painting a focal wall a fashionable colour are two options that can easily be removed or erased when you are ready to sell.

DO invest in large accessories that can make an impact in your home. Fine art, carpets, side tables and lamps

often help inject much-needed high design in a boring space. Spend as much as you can afford and keep them forever; these sort of things can move easily to your next abode, travelling with you for life.

DON'T overspend on custom pieces that cannot be used in your next home. L-shaped sectional sofas, custom closet fittings and outdoor furnishings are all site-specific in size and make for lousy investments when living in short-term accommoda-

DO spend money on upgrades that will get you a better buck when you sell.

Stone kitchen counters, wood floors and pre-wiring for technology are all upgrades that you can enjoy knowing you'll get your money back when selling.



Accessories that travel are great investments in temporary locations. Motely rug, \$400, CB2.com. ALL PHOTOS CONTRIBUTED



...who knows a guy who walks his dog in the same park as his neighbour...

Cut to the chase on page 55.

ATB Financial

Investing in an easilymoved home accessory means enjoying it for life. My expensive dream: Bell Side Table by Sebastian Herkner, \$3,200, Avenue-Road.com



No need to paint or add mouldings to add character to your space; simply stick up removable wall decals and create the focal wall of your dreams. Wall Pops Stripes from \$15, WallPops.com

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Choosing a whiter shade of paint

So many options. Tips to help narrow down the right hue for you

So you want to paint a room white. Sounds easy, until you go to the hardware store to buy paint and discover there are dozens of whites to choose from.

Many have familiar yet poetic names that conjure up ever-so-slightly different hues: Cream, pearl, vanilla, snow, chalk, ivory, jasmine, bone. But the closer you look, the more confusing the choices are. You want a plain, basic white, but the purest white on the colour chart looks a little harsh next to all those soft shades with just a hint of something else — beige, grey, peach, rose, yellow or the palest-ever blue or green.

Often people default to white because they don't want strong colours in their home. But as it turns out, "it's harder to choose white than any other colour," said Sharon Grech, a colour design expert at Benjamin Moore Paints.

She says Benjamin Moore alone offers more than 150 whites, and "when people are choosing white, I see more people unhappy or making a mistake or being shocked at the colour than when they choose other colours."

And watch out if you go with a pure white untinted by any other hue. Leatrice Eiseman, executive director of the Pantone Color Institute, which maintains colour standards, says "the purity and cleanliness" of the purest whites "can also make them feel very sterile and cold. And you can literally get eyestrain from too much dazzling white. So you've got to be cautious.

Most people don't

want to live

with hospi-

More so than

tal white."

around them, so Grech says it's crucial to try a sample to see how it looks in the room. Buy a pint and paint a twoby-two foot board that you can move around your home. "Sometimes the sun hits it one way or another at different times of day, or it looks different against the rug, or you realize it's got a lot of pink in it or green in it," she said. "It might look totally different in the morning than at night." The paint sheen makes a difference, too, whether

other colours, whites are also

more influenced by colours

The paint sheen makes a difference, too, whether matte (a flat paint) or a shiny high-gloss. One recommended mix is a semi-gloss trim with matte on the walls.

And don't forget the ceiling. "More people are thinking of the ceiling as a fifth wall," Grech said. "Think about it in terms of all the rooms that white is going to be flowing through on the ceiling."

Most people want flat paint on the ceiling, but if you want to bring focus to the ceiling, a semi-gloss or high gloss can look "spectacular" in the right space, she said.

James Martin is an architectural colour consultant whose company, the Color People, designs colours for buildings. "If you're going to have white, you want to use a warm white — yellow white, peachy white, rosy white. Anything you live with, you want it to be warm," he says, adding that it's especially important in an old house. "If you use a warm white, you'll see all the wonderful details in the surrounding woodwork much better."

He notes that "white kills art. When you put a piece of art against a white wall, it isolates the painting so it becomes like a postage stamp — a thing in a box. If you put the same painting against a colored wall, it eliminates those boundaries, pulls the colours out of the painting, and brings the painting to life."

Martin doesn't like white walls, though he'll use off-white on a ceiling. He cautions that bright white trim and a bright white ceiling will make other colours look brighter than they would if you were using an off-white. What can work, he says, "if you really like white," is to choose a warm white for walls in a flat sheen, then high-gloss trim the same colour. "It's a very sexy, subtle thing to do," he said.

deck from its palest iteration to its deepest, to see its true undertone. Warm tints include red, orange, yellow, and offshoots like peach and apricot, but if you want to cool a room off, go for colours like blue and purple. In between are the neutrals — taupe, grey, beige.

And don't get overwrought about the choices.

"I think most people have more judgment than they think they do," Eiseman said. "You look at something, you have a doubt about it because your eye is telling you something is off here. Or you look at it and it pleases you. In the end, it's your eye and your comfort level." THE ASSOCIATED PRESS



A room painted with several different shades of white. The warmer white on the wall inset punctuates the classic trim detail and adds to the formal feel of the space, michael partenio/Benjamin moderate associated press

...who knows as a woman who can get you a deal on a mortgage.

Who thinks it's time to cut to the chase?

We do.

See how on page 55.

ATB Financial

White kills art

"When you put a piece of art against a white wall, it isolates the painting so it becomes like a postage stamp — a thing in a box. If you put the same painting against a coloured wall, it eliminates those boundaries, pulls the colours out of the painting, and brings the painting to life." Colour consultant James Martin



Don't pick colours online,

advises Martin, because they

can be distorted. But there is

an art to studying the paper

fan deck of paint colours in

the store. Bring a white piece

A fan deck of paint colours consumers can look through at a hardware store can help decide what colour to buy. Often people say they want to paint a wall white because they don't want strong colours in their home, but as it turns out, there are dozens of whites to choose from in ever-so-slightly different hues, making the question, "Which white?" a difficult one to answer. BENJAMIN MOORE/THE ASSOCIATED PRESS



The grey undertone in the wall colour of this room painted several different shades of white adds a cooling effect to balance the warmth in the gilded accessories and antique wood furnishings. Велјамін мооге/тне associated press



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2	2012 Chevro	olet Malibu LS PL/PW/MIR	ROR, A/C, CRUISE
S	tk# 2028	60,833 KM's	\$12,665
2	2012 Toyota	Corolla CE 5 SPEED	
		48,682 KM's	\$12,927
2	2013 Chevro	olet Impala LS PL/PW/MIRI	ROR, A/C, CRUISE
S	tk# 2027	51,547 KM's	\$14,813
2	2011 Buick I	Lucerne CX PL/PW/MIRROR,	A/C. CRUISE
S	tk# 2032	54,299 KM's	\$15,897
2	2012 Tovota	Matrix A/C CRUISE P/WINDO	OWS P/LOCKS
	tk# 2093	48,549 KM's	
2	2012 Toyota	Matrix A/C CRUISE P/WINDO	DWS P/LOCKS
S	tk# 2091	51,662 KM's	\$16,89
2	2012 Toyota	Matrix A/C CRUISE P/WINDO	DWS P/LOCKS
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Stk# 2092	50,854 KM's	\$16,895
2012 Toyota	Matrix S AWD	0000
Stk# 130822A	27, 601 KM's	SOLD
2012 Acura	TL SH AWD	
Stk# 140250A	46, 690 KM's	\$32,575

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Stk# 140083A	116,983 KM's	\$19,762
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Stk# 140004A	11,756 KM's	\$27,632
2011 Toyota	Tacoma V6 DBL CAB 4X4	-
Stk# 140261A	27,752 KM's	\$28,929
2011 Toyota	Tundra SR5 5.7L V8 TRD C	REW MAX
Stk# 2076	98.553 KM's	\$31,420

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Stk# 2085	139,650 KM's	\$32,447
2013 Ford	F-150 ECO BOOST SUPER CREW 4X4	
Stk# 2068	41,015 KM's	\$32,792
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61,600 KM's	\$36,776			
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46,150 KM's	\$39,981			
	61,600 KM's F-350 XLT CREW 4X4 DIES			

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SUVS		
2004 Chevro	let Trailblazer LT Leathe	r HEATED SEATS
Stk# 140366A	84,003 KM's	\$10,765
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Stk# 140371A	84,673 KM's	\$17,855
2010 Dodge	Journey R/T LEATHER ALL WI	HEEL DRIVE
Stk# 140310A	79,721 KM's	\$19,752
2012 Ford Es	scape XLT FWD 4CYLINDER	
Stk# 140088A	63,639 KM's	\$19,844
2010 Toyota	Rav4 AWD AIR CONDITIONING	G CLEAN CARPROOF
Stk# 140370A	63,881 KM's	\$20,844
2012 GMC A	Acadia SLE	
Stk# P2026A	52,947 KM's	\$28,847
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Clear away clutter

Tidy tips. Using an organizational system can help keep you on top of excess items

Disorganized and cluttered homes are often the result of busy lives, but tackling the stuff in a home is an important step in freeing a space of disorder while relieving stress for its owner.

Maggie Megenbir, a Victoria-based professional organizer, says clutter is unnecessary weight in a space.

"They are things that weigh people down," says Megenbir. 'Clutter is stuff that doesn't contribute to the life that we want for ourselves.

Develop a system

According to Megenbir, homeowners lead such busy lives that they often become overwhelmed and just don't have the time to stay on top of the contents of their homes. Developing effective organization systems for a home is key to keeping a handle on clutter.



Store items where they're used

Storing items near where they are used is an important way to battle clutter. Megenbir says if a homeowner is using a blender, but has to go down the hall to put it away in a closet or pantry, it is more likely to stay on the counter.

Get unstuck

A Calgary professional organizer says homeowners come up with many reasons to avoid the task of organizing and purging excess items.

"People get stuck," says

Paula Blundell. "People get overwhelmed and can't make a decision about getting rid of something. They come up with all sorts of reasons for keeping

Have a vision

Blundell says homeowners should keep an item if it is something they absolutely love, and if it fits the vision they have for their life and

What it costs doesn't count

While Blundell has heard many good reasons for keeping items, she has also heard several bad ones, the most common being: "I paid so much for that."

Get rid of guilt, too

Many people also keep unwanted items out of obligation or guilt, and Blundell says the person who gave the gift would be happier knowing it's not a burden in their life. Once the decision has been made to start organizing and purging clutter, the most important step is to be prepared.

THE CANADIAN PRESS

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CAPTURING MEMORIES

THE CAMERA STORI

With new homes and new families blooming in Calgary comes the opportunity to capture special moments to turn them into lasting memories. The Camera Store has all the right tools to ensure families can focus on these important life moments.

With one of the most diverse selections of cameras, equipment, supplies and friendly, knowledgeable staff, The Camera Store has everything Calgarians need to capture their family's most beautiful memories, says administrative manager Evelyn Drake.

"We want to make sure parents and families are able to capture those first crawls, walks and talks," Drake says. "It's about creating photographs that will last generations — this cannot be achieved with a snap on a cellphone. We have great equipment that can help with that and we also specialize in teaching people how to capture intimate moments and turn them



into photographs that will last forever."

The Camera Store is offering the opportunity to parents and aspiring photographers to learn how to take great kid and baby photos with a two-part seminar, as well as a hands-on kid and baby photography workshop in May, both offered by local professional photographer Trish Boyko from f8photography.com.

For more information and to check out the entire selection of equipment, seminars and workshops The Camera Store offers, visit thecamerastore.com.

SASKATCHEWAN OFFERS A

With solid economic foundations, Saskatchewan attracts real estate developers and industry insiders looking for potential growth and opportunity.

"The province's solid economic foundation has allowed unprecedented growth in Saskatchewan, and the real estate market has followed suit," says Jaimey Midtdal, spokesperson for the Red Door Venture Group. "The amount of undeveloped land attracts real estate developers who see a bright future and burgeoning economy."

The Saskatchewan-based real estate marketing company teams up with outstanding local developers to deliver highquality developments across the province.

"We turn good ideas into profit for our customers, while giving them the tools they need," Midtdal says.

With a vast amount of undeveloped land and Saskatchewan's potential for development, the real estate market has opened up new and innovative opportunities for developers and for buyers.

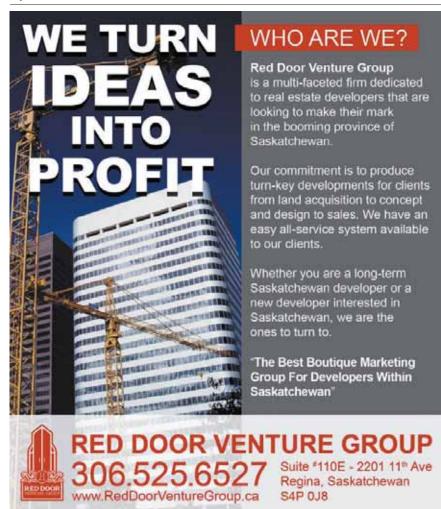
"There is real estate potential as far as



the eye can see in Saskatchewan, and investors should be taking advantage of this potential," Midtdal says. "We're proud to be a part of the province's growth."

The Red Door Venture Group works with developers throughout their process, beginning at the land acquisition stage and continuing through to the concept, design, and sales stages.

For more about Red Door Venture Group or to schedule a complimentary consultation, visit RedDoorVentureGroup.ca.



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RELAX AND ENJOY LIDO BY BATTISTELLA

Living in the heart of Kensington has never been more thrilling.

Kensington is bursting with history and has been a popular shopping and entertainment district for more than 100 years and counting, says Kensington BRZ executive director Annie MacInnis.

"There are so many reasons to love Kensington," she says. "The beautiful murals, great transit options with the Sunnyside LRT and many bus routes, the popular Sun and Salsa Festival, and the overall feeling that you are in a chic small village and not the mall. Everything you might need or want to do is here in easy walking distance with great neighbours. You can have a drink or a nice meal with a friend, have a great workout, get your taxes done, go to the dentist, shop for groceries or even go for a romantic getaway with your honey."

The community has changed and grown through the years, and now, as the popular family-run Lido Café prepares to say

PRESENTATION CENTRE IS OPEN

The LIDO presentation centre is located at 1120 Kensington Rd. NW, and is open Tuesday to Friday from 10 a.m. until 6 p.m. and Saturday and Sunday from 11 a.m. until 5 p.m. For more information, call 403-290-1664 or visit battistella.ca/lido. Construction on the development begins this spring and is expected to be completed by fall 2016.

goodbye to enter into retirement, another Lido is popping up in its place with the same name in honour of the historic eatery.

LIDO by Battistella is a unique new condo project combining residential, retail and a boutique hotel in an eight-level, multi-use building located in the heart of



vibrant Kensington, says Battistella direc-

"Lido is Italian for beach, shore or sand

tor of sales and marketing Traci Wilson.

and in Europe it means a place of relaxa-

tion and that's what we want residents to

Wilson says. "And it's a nice throwback to

the husband and wife operated Lido Café,

do — relax and enjoy the community,"

which was an important piece of history in Kensington."

Located at the corner of 2nd Avenue and 10th Street NW, LIDO, the 60-unit-condominuim residence portion, will utilize the building's top six floors with units ranging from 433 square feet to 1,500 square feet.





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When it comes to siding in Calgary's climate, it's important to have a durable product that will be able to withstand the varying weather conditions.

That's why Big Top Roofing & Exteriors general manager David Bellingham chooses to work with the durable James Hardie fibre cement siding, which has a reputation for superior value, beauty and safety. Bellingham says the cost-benefit analysis of the product features many advantages.

"It's a very durable product that is suitable for the Alberta climate and the constant freeze-thaw cycles we have here. This product is also highly impactresistant so it's able to stand up to the large hail and high winds we sometimes get in Alberta."

He points to a report from the Insurance Bureau of Canada that estimates the major hail storm that hit Calgary last year cost \$550 million, which means insurance



companies are forced to raise premiums to make up for the cost of repairs.

That's why Bellingham encourages his clients to use hail-resistant products such as the James Hardie siding. While it may cost slightly more, clients may save

money on insurance through rebates and benefit from increased property value.

"You would not build a house on a foundation of sand because the rain would wash your house away, so why would you use building materials not appropriate for

SERVING CALGARY FOR 17 YEARS

Big Top Roofing & Exteriors Inc. has been serving Calgary for 17 years. It is licensed, bonded, insured and has worked diligently to become Calgary's most trusted roofing and exteriors companies. The company's high level of service and high-quality installations include a 10-year workmanship warranty on all completed work.

a hail-prone area," he says, adding that the product is virtually maintenance free.

"You get the great look of a wood siding without having to repaint every few years and the baked on finish is warrantied for 15 years. This product also resists rotting and warping. The Hardie product looks fantastic when compared to other alternatives. The curb appeal of your home would be greatly enhanced but if you decide you want a change in colour down the road, this product is paintable."



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SHUTTERSTOC

If you have ever watched makeover shows on TV, you know that no matter what the experts do to hair, makeup and wardrobe, when the big reveal occurs and the guest steps out onto the stage, the person's teeth are always straighter, polished, and noticeably whiter.

Everyone steps into the limelight regularly in some way and having a beautiful whiter smile will steal the show every time.

Whitening teeth is one of the easiest and most impactful cosmetic changes you

can make today, and it's no longer just a Hollywood thing. In fact, research has shown that most people would prefer to have whiter teeth. And they can. Whitening teeth is both affordable and easy to do for everyone.

So why do pearly whites dull down and lose some of their bright, white lustre?

With some people, it's genetics. They are born with teeth that are just more yellow than white.

Other people notice that, over time,

their teeth discolour, which can happen as a natural part of aging.

Certain lifestyle habits accelerate discolouring. Smoking is very hard on teeth (and your body) and leaves yellowish nicotine stains.

Drinking dark liquids can affect the shade of teeth, too — think coffee, tea, and red wine — and even pigmented foods such as cherries, blueberries and beets can leave stains. Some experts suggest putting milk or cream into coffee and

tea so they aren't so dark. But you have to be realistic, too. If you enjoy these drinks and foods, just be sure to brush your teeth after ingesting them.

Certain medications, as well as plaque and tartar, can affect the colour of your teeth, and that's why it's important to have your teeth cleaned regularly and to practise good dental hygiene.

Whitening your teeth will help remove stains and brighten your smile.

But whiter teeth can affect your psyche, too. Research has shown that the condition of your teeth and smile has a lot to do with the way you feel about

To ensure these products are right for you, always read and follow the label.

yourself. While whitening teeth is a cosmetic improvement, the changes a person can experience as a result can be quite momentous.

People who have whitened their teeth say they no longer hide their smiles or cover their teeth when they are laughing or talking. They feel better about themselves overall and are more confident.

In effect, whitening your teeth is like wearing a new outfit or getting a fabulous new haircut. It simply makes you feel fantastic. That's a star quality that everyone deserves.

HEALTHY TEETH MAKE AN INSTANT IMPRESSION



Taking care of your teeth by practising good oral hygiene and whitening teeth sends all kinds of messages to the people you interact with everyday.

The messages are all good.

• "I feel good about myself." Teeth whitening helps improve your appearance and that makes you feel good. Of course, good, positive feelings re hard to hide.

"Nothing can stop me now." When you feel good, self-confidence soars — whiten your teeth, you will see.
 "Do you think I'm sexy?" Someone

sexy?" Someone who has nice looking white teeth rather than stained teeth has more sex appeal — and it shows.

• "Happiness is a huge part

of me." When people have a bright smile they tend to smile more often.

And smiling is infectious.

 "Whitening teeth is a great anti-aging technique." A whiter smile tends to overshadow facial wrinkles, etc., and that creates a more youthful

and energetic appearance.

• "So nice to meet you." A smiling face is so much more friendly and approachable than one that is scowling.

• "Taking care of my body and mind is important to me." Whiter teeth are associated with beauty and a healthier lifestyle.

• "Oral hygiene is important to me, too." Whiter healthy teeth make an instant impression with people you know and meet. It's evident that you take care of your teeth — and yourself — and that's fantastic.



SHOW OFF YOUR PEARLY WHITES

Here are some top occasions where a beautiful white smile is on your side.

BIG PRESENTATIONS: People really do study you from head to toe when you are public speaking. Prepare by being the

best you can be, including whiter teeth.

PHOTOGRAPHS: It's OK to want to look your best in photographs.

These are lasting memories and whiter teeth make a difference.

B MEETING NEW PEOPLE: You have mere seconds to make a first impression — a brilliant smile helps to make a good one.

GETTING MARRIED: Your wedding day should be perfect, right down to the

JOB INTERVIEW: Many people believe that during a job hunt an unattractive

radiant smile.

smile will hurt their chances for landing a job.

FIRST DATE: Most people believe an attractive smile makes a person more appealing as a partner.

CLASS REUNION: It's only been 20 years, but your teeth and smile are as bright and white as ever.



metr⊕

62 LIFE metronews.ca WEKEND, April 17-20, 2014

Dress ham up in its Easter best

Glazed Sweet
Potato Ham. While
Thanksgiving is the
traditional meatstuffing time of the
year, it doesn't have to
be the only one

Thanksgiving, we stuff turkeys. Easter we stuff ... Hams!

It's not as crazy as it sounds. And it's much easier than you think.

The result? A delicious and beautiful baked ham stuffed with layer upon layer of sweet potato slices.

The trick is to use a spiralcut ham. All those slices are the perfect place to insert a bit of flavour and colour to your ham. Simply start at one slice, use your fingers to gently peel apart the layers, then insert thin slices of sweet potato.

And if sweet potatoes aren't your thing, the same approach would work with butternut squash or Yukon Gold potatoes. Just be certain to slice the vegetables as thinly as possible. A mandoline is your best bet.

- **1.** Heat the oven to $350 \, \mathrm{F}$.
- 2. Using a mandoline,

Nutritional information

Per serving

 400 calories; 200 calories from fat (50 per cent of total calories); 23 g fat (17 g saturated; 0 g trans fat); 110 mg cholesterol; 19 g carbohydrates; 1 g fibre; 110 g sugar; 31 g protein; 1860 mg



slice the two large sweet potatoes very thinly. Place the spiral-cut ham, cut side down, in a roasting pan.

3. Carefully separating the layers of the spiralcut ham, insert slices of sweet

potato into each layer. Repeat this until every layer of the ham has been filled.

4. In a small bowl, stir together the apricot preserves and the black pepper, then spread the mixture all over the surface of

the spiral-cut ham, ensuring it is evenly covered.

5. Bake hs, for about 2 to 3 hours, or until the ham is heated to 160 F at the centre and the potatoes are tender. Allow the finished ham to rest for 15

minutes before slicing. THE

ASSOCIATED PRESS

Ingredients

- 2 large sweet potatoes, peeled
- 7- to 9-pound spiral-cut ham
- 10-oz jar apricot preserves1 tsp ground black pepper



MAY 30-JUNE1,2014 · TELUS CONVENTION CENTRE

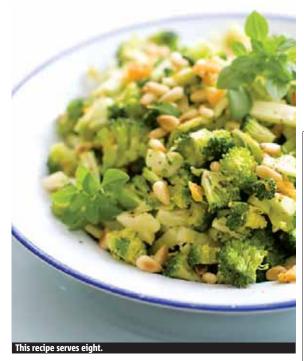
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Conference Registration deadline: May 18th, 2014
Conference Registration at: www.calgaryceliac.ca or Phone: 403 237 0304
Sponsored by: Canadian Celiac Association - Calgary Chapter





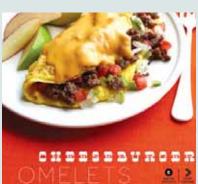
Refreshing take on Easter side dish



For your phone

Dash Breakfast (iPad; free)

Offering 30 spring recipes to start the day off right and six cheery Easter crafts, this animated magazine includes apple-peanut butter French toast, microwave coffee cup scrambles, and waffle sandwiches.



MIND THE

@RealKrisAhel

Easter side dishes deserve more respect, so here is a dish to liven up your offerings.

For a fresh take on salad, try a broccoli slaw seasoned with Dijon mustard, as well as the zests and juices of a lemon and an orange.

Chopped dried apricots add a sweet touch while toasted pine nuts offer a savoury

1. In a medium bowl, mix together the zests and juices of the orange and lemon. Whisk in the vinegar, mustard, salt, pepper and olive oil. Add the broccoli, apricots and scallions and mix well. Transfer to a serving dish and sprinkle with the pine nuts. THE ASSOCIATED PRESS

- Zest and juice of 1 orange
- Zest and juice of 1 lemon
 1 tbsp white balsamic
- vinegar
- 1 tbsp Dijon mustard
- 1/2 tsp kosher salt
- 1/4 tsp ground black pepper
- 2 tbsp extra-virgin olive oil
- 2 heads broccoli, very finely
- chopped (about 6 cups)
- 1/4 cup finely chopped dried
- 3 scallions, thinly sliced





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SAT 19

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JAPANESE NOODLE BAR GOROANDGUN.CA



CONTRIBUTED

ELEVATING THE ART OF THE NOODLE BOWL

Named after characters from the 1985
Japanese comedy Tampopo, Goro + Gun
— Calgary's first upscale noodle bar —
is now open for lunch, happy hour and dinner.

Like in the movie, Goro + Gun will show Calgarians what they have been missing when it comes to the latest craze in the dining scene — ramen.

"Ramen is the new everyday comfort food and we look forward to elevating the art of the bowl in Calgary," says Ken McDonald, managing partner and general manager of Goro + Gun, in partnership with Concorde Group, and chef Tomohiro Mitsuno.

Goro + Gun has been modelled after the popular ramen bars of Japan, and will provide Calgarians with the healthiest and best tasting options possible in the city.

Japanese-trained Mitsuno has more than 21 years kitchen experience and has created a menu that provides the everyday lunch and dinner crowd enough variety to keep them coming back regularly.

The menu highlight will be ramen bowls with no MSG, created as authentically Japanese as Calgary has yet to see

"This will bring out more taste in the ramens instead of being blasted in the face with MSG," McDonald says.

While it's the bowls of Hakata-style ramen that will entice diners through the door, a selection of Japanese BBQ

TASTY TIDBITS

Ramen: Japanese noodle soup. Tonkotsu: Pork bone broth. Signature dishes include: Shio Tonkotsu Ramen: Light salt base ramen, BBQ pork, kikurage mushrooms, red ginger, green

Miso Tonkotsu Ramen: Miso base ramen, same as above.

Spicy Lamb Ramen: Full flavour, bamboo shoots, kikurage mushrooms

Lobster sunomono: Steamed lobster, vermicelli noodles, seaweed, cucumber, bonito vinaigrette.

Handmade lamb gyoza: Handmade lamb dumplings.

and sushi favourites complemented by a full-scale sake program will make it an everyday favourite.

While at Goro + Gun, McDonald suggests everyone try the applewood smoked, charcoal grilled soft boiled egg.

For those foodies seeking out vegetarian and gluten free options, Goro + Gun also has you covered.

Goro + Gun is now open in the former space of West Restaurant and Bar's +15 level at 225 7th Ave. SW.

To stay connected with the slurp buzz, follow @goroandgun on Twitter, or visit goroandgun.ca.

IT'S A MATTER OF MAKING A SHIFT

TRY TO TREAT THE **EARTH PROPERLY**

Every year, Earth Day Canada organizes a campaign for the month of April to help educate and engage people of all ages and backgrounds to lower their environmental footprint. With Earth Day approaching on Tuesday, the Make It Count campaign is focusing on four action categories — eat, grow, transform, and share.

Canadians have been encouraged to set a goal for the number of actions they want to complete in each category throughout the month and count them using an online printable calendar. Then they are invited to share the results using the #MIC4ED hasthag to compare totals with friends, classmates, colleagues and people in other parts of the

Earth Day Canada president Deb Doncaster believes it's important to integrate Earth Day practices into regular activities; it's something she strives to do herself.

"Every day, I ride a bike to work and walk my son to school," she says. "I don't own a car, I'm a member of a local food co-op and I grow vegetables in my backyard."

Making seasonal, sustainable food choices is part of Make It Count's mission. Where we buy our food, what we eat and how we handle food waste can have a huge impact on the environment, economy and society.

Plants help purify and regulate the water cycle, store large amounts of carbon dioxide and are found at the base of the food chain.



Tending to indoor or outdoor plants, herbs or vegetables is an easy place to start making a difference.

"Each Canadian has a responsibility to do what they can to lessen their impact on the Earth," Doncaster says. "But integrating this into your daily activities has many great personal benefits, too, such as reducing stress and leading a healthier lifestyle. It's just a matter of making that shift." - Jane Doucet

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Nikie Lloyd, Client Engagement & Operational Sustainability, Deloitte, BC

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UNEARTHING THE OCEAN'S PROBLEMS

SODASTREAM ELIMINATES THE NEED TO BUY PLASTIC BOTTLES

currents that flow in a generally circular

Institute estimates that there could be as

trash in our oceans. This plastic threatens

much as 200 million tonnes of plastic

shipping lanes, satellite searches, and,

As plastic garbage in our oceans becomes more and more of an issue, one company is committed to reducing plastic waste — one delicious and bubbly beverage at

SodaStream is a home beverage system that eliminates the need to buy sparkling beverages in plastic bottles. This not only results in a smaller carbon footprint, but specifically eliminates the use of a singleuse plastic bottle entering the global ecosystem. Most Canadians, and people around the world, have no idea about the amount of plastic that is manufactured every day in the name of soda. Startlingly, big soda manufacturers make more than 1.8 billion plastic bottles daily, and experts estimate that, after we are done enjoying what's inside them, less than 50 per cent of them are ever recycled. That's almost half a billion bottles daily that end up without a destination. So they end up in landfill or the ocean. And the oceans are showing it.

"Basically, the world's oceans are plasticized," says Marcus Eriksen, executive director of the 5 Gyres Institute, a conservation group that researches the amount of plastic in the planet's seas.

What's a gyre? The world's large bodies of water are split into five oceans — the Pacific, Atlantic, Indian, Soutern and Arctic, as geography class taught us — but they are also dynamic and have



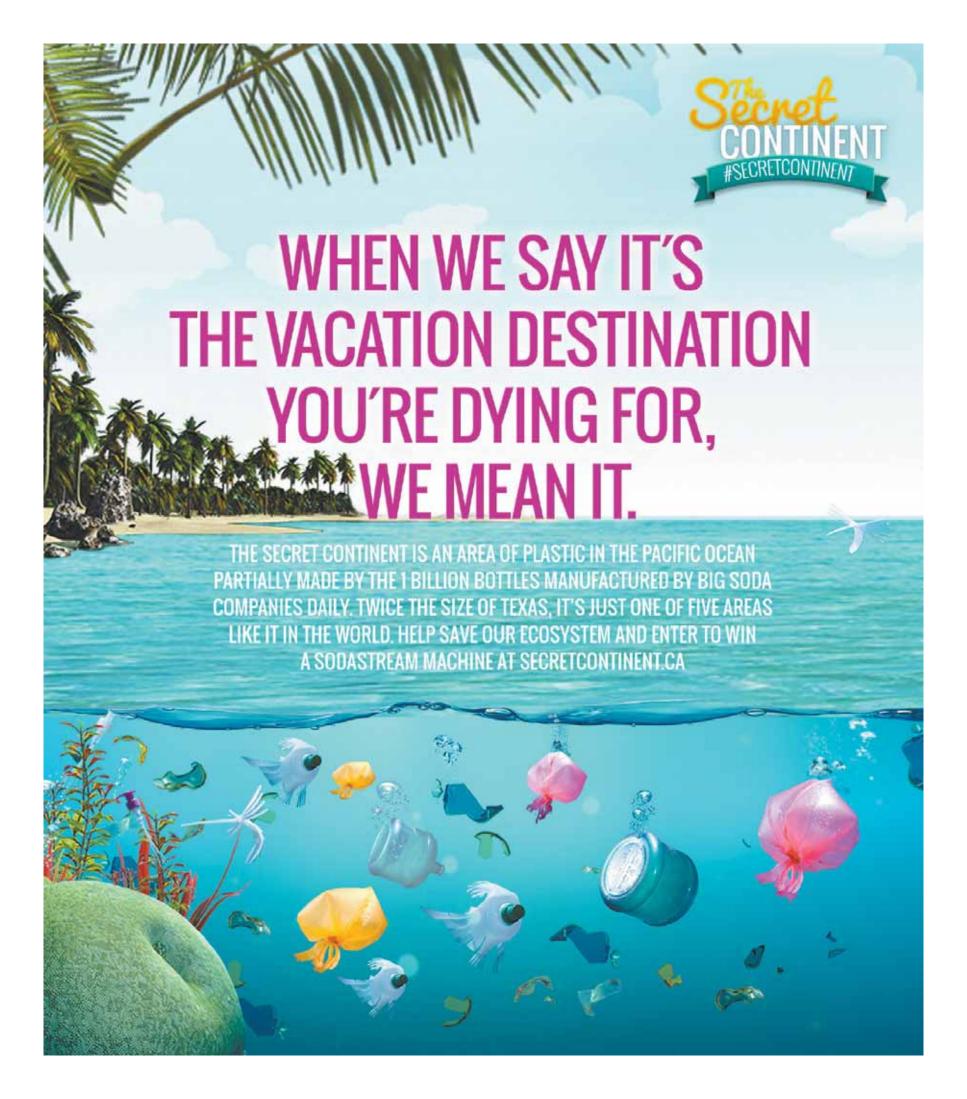
most importantly, Earth's wildlife.

pattern. These are called gyres. Trash Yes, birds and aquatic life are bearing that enters the ocean swirls around and the brunt of this. They eat what they can eventually accumulates in central areas find. And the reality of what they can find of the gyres. And those central areas have in these areas is just a whole lot of plastic. been found to be full of plastic. Bottles, Who knows what the impact of this is bags, containers, cords, applicators, shipgoing to be on our food chain? This is one ping materials, and almost everything of the cornerstones of how humans, and else humans have ever used and discarded other animals, sustain themselves. Plastic to never think about again. One of the is entering into it, and that travels up the areas alone is twice the size of the state chain. of Texas. The Algalita Marine Research

The news, unfortunately, gets worse when you consider that, unlike other organic material, plastic breaks down, but never really separates into its original elements. Although some plastic can take as much as 700 years to break down, it actually just becomes smaller and smaller pieces of — you guessed it — plastic. It's estimated that 93 per cent of the plastic in our oceans is smaller than a grain of rice.

Clearly, our best strategy is that, as responsible creatures on this planet, we have to reduce the amount of plastic we use and discard. SodaStream's mandate is just that. Its mission is to deliver you a delicious carbonated beverage, but without the single-use plastic bottle. Just one SodaStream multi-use bottle can replace up to 2,000 plastic bottles every year with the touch of a button. That's less waste and less of a carbon footprint. This is just the beginning of the types of strategies we can all employ to be more environmentally aware. You don't have to think about giving up soda, just the outdated and wasteful way you get it.

As we get ready to celebrate the Earth for one day, and how it has given birth to us and sustains us, it's time to consider our actions. And be more responsible for them. The areas of plastic in our oceans is a problem that isn't going away, and unless we actively take a stand, it will only get bigger and soon be incurable. Companies like SodaStream, that actively find new and innovative ways to reduce our consumption, need to lead the charge from a company standpoint. But as we all know, it's up to each and every one of us to take individual action. Change is never easy. But you don't have to give up delicious soda to do it.





WORKING WITH COMMUNITIES

Environmental stewardship is a complex and subtle discipline. Many cultures around the world approach it in different ways and they all have their own unique insights and solutions.

The Earth Day Canada Tapestry program began as an acknowledgement that diverse cultural groups have many things to offer the environmental movement. Tapestry aims to bring diverse communities, community organizations and environmental sector stakeholders together in the Greater Toronto Area and southern Ontario over the next two years, and then nationally in years 4 and 5 to come up with new, collective ways to affect widespread and sustained environmental change.

Eduardo Garay is senior adviser local and international programs at FutureWatch Environment and Development Education Partners. This not-for-profit organization helps connect new Canadians and those living in diverse communities in the GTA and elsewhere with their natural environment. He is on the Tapestry advisory council and his group is one of the stakeholder groups that have joined



forces to support Tapestry.

"Tapestry is an upshot of a diversity research project conducted by Earth Day Canada in 2013," Garay says. "We looked at the capacity for an environmental organization that could work with a variety of communities."

Tapestry's goals include establishing more diversity on environmental sector boards and developing a diverse group of speakers who can communicate environmental issues to the media, to the general public and to interest groups. It is also developing a two-year community leadership program and a web-based resource toolkit that will be available in 10 languages.

The Tapestry program is sponsored by the TD Friends of the Environment Foundation and the Ontario Trillium Foundation. - Tom Mason



RECYCLE FOR EDUCAT

Winning a new computer lab for your school is impressive enough. For the 700 schools across Canada that took part in this year's Recycle for Education program, the chance to make a difference to the environment and their planet was the real reward.

The competition, sponsored by Staples Canada in collaboration with Earth Day Canada, gave 10 participating schools the opportunity to win a suite of computer equipment worth \$25,000 to each school, for submitting the details of their own green plan.

"When we heard that we had won grant money from Staples for our school, we were ecstatic," says Shelley Kofluk, stu-

dent leadership department head at M.E. LaZerte School in Edmonton, one of last vear's winners.

Leigh Pearson, director of facility, environmental and procurement at Staples Canada, says the Recycle for Education program squares perfectly with her company's core values.

"We're passionate about education and we're also passionate about the environment. We can learn a lot from students when it comes to finding ways to protect our environment. They have a lot to tell us, and the Recycle for Education program gives us a way to tell their stories."

- Tom Mason



HOMETOWN HEROES

TEAMS TACKLE THE ENVIRONMENT

In February 2011, Lyda Salatian founded the Lower Mainland Green Team, a group of volunteers who help Metro Vancouver parks, municipalities, non-profits and other organizations tackle environmental issues through teamwork and co-operation.

The Green Team combines Salatian's passion for the environment and her organizational skills. Volunteers have planted native plants and trees, such as Douglas fir, Western red cedar and Sitka spruce, picked up litter, removed invasive plants, such as English ivy, Scotch broom and periwinkle, and prepared and harvested vegetable beds, among other initiatives.

Earth Day Canada chose the Lower Mainland Green Team as the recipient of its 2013 Hometown Heroes Group Award, which recognizes a Canadian group that demonstrates outstanding environmental leadership, commitment and achievements in local commun-

"The Hometown Heroes Award sends a message that the work of our volunteers is very much valued and respected," says Salatian, the Lower Mainland Green Team's director.

Salatian has been so inspired by her volunteers that in the past year she founded a charitable organization called Green Teams of Canada, through which she plans to start other



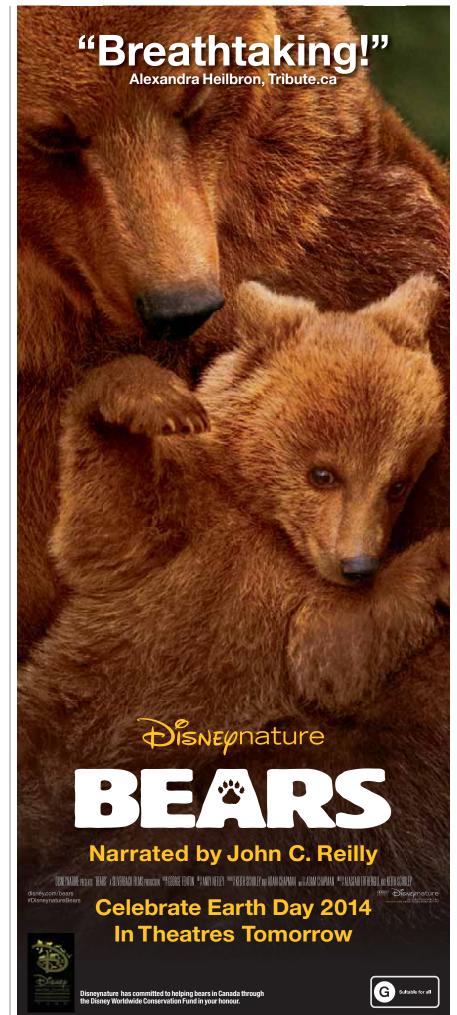
green teams in British Columbia and across Canada. This summer she will be riding her bike from Victoria, B.C., to St. John's, N.L., to raise funds and awareness about Green Teams of Canada.

In the meantime, Salatian and her volunteers are basking in the glow of the Hometown Heroes Group Award win, which she feels her team shares symbolically with all of the hard-working environmental stewardship and watershed groups across the country.

Salatian has already invested the \$10,000 Hometown Heroes Group Award cash prize — made possible by program sponsors Mill Street Brewery and RBC — in a worthy initiative.

"Our Green Team put the money toward running more activities to engage youth and at-risk youth. It's so important to instill an environmental ethic in younger generations."

- Jane Doucet



Recycle with style at Value Village

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Shopping and donating at Value Village provides a great way for customers to reduce, reuse and recycle!

There are many ways consumers can make small changes in their daily habits in order to have a positive impact on the environment, from switching to energy-efficient light bulbs and eco-friendly cleaning products to carrying reusable shopping bags. What many don't realize is that one of the easiest ways to "go green" is by shopping thrift. When you shop at Value Village stores and donate reusable items to its nonprofit partners, you're keeping goods out of landfills and giving pre-loved treasures a brand new life.

"We know that families across Canada are clearing out their clutter and getting organized with spring cleaning," said Tony Shumpert, Vice President of Recycling Operations for Value Village. "By donating these items, instead of simply throwing them away, you can give back to your community and save quality goods from polluting the Earth. In fact, Value Village operates one of the largest recycling programs in the world, saving more than 600 million pounds of goods from landfills last year alone."

DID YOU KNOW?

Shopping thrift is a great way to snag fashionable clothing and one-of-a-kind accessories, collectables, books and household items for a bargain. Value Village purchases its merchandise from more than 60 nonprofit offices across Canada, which allows each store to stock nearly 100,000 items on its sales floor each and every day! So the selection is ever-changing and always fresh!

So how does it work? Every Value Village location partners with a charitable organization in its community, including Alberta Association for Community Living, Canadian Diabetes Association, Cerebral Palsy Association in Alberta and The Kidney Foundation of Canada. All year round, each store pays its nonprofit partner for every donated item, including clothing, housewares, books and more. Over the past 10 years, Value Village has purchased more than \$1.5 billion of goods from its partners – turning otherwise unused items into sustainable funding that supports the nonprofit's vital community programs and services.

The highest-quality items are priced at a great value and displayed on Value Village's sales floors for purchase, while merchandise not suitable for resale is responsibly recycled.

Residents with clothing or household goods to donate can call participating nonprofits for a home pickup or drop off their items at convenient Community Donation Centres located at every Value Village store.

For more information on Value Village's nonprofit partnerships and recycling efforts, or to find a Community Donation Centre near you, visit **valuevillage.com**.

GOOD JOB BOB! Save 30%

When you donate two bags or boxes of reusable clothing or household items at the Community Donation Centre located at Value Village! Now thru May 3, 2014. Value Village pays local nonprofits every time you donate, and recycling helps planet Earth! Thank you!

Offer good now thru May 3, 2014. One coupon per visit. Minimum two box/bag requirement. Each box/bag must be equal to or larger than one full brown paper grocery store shopping bag. See coupon for details.

In our community, your donations benefit:



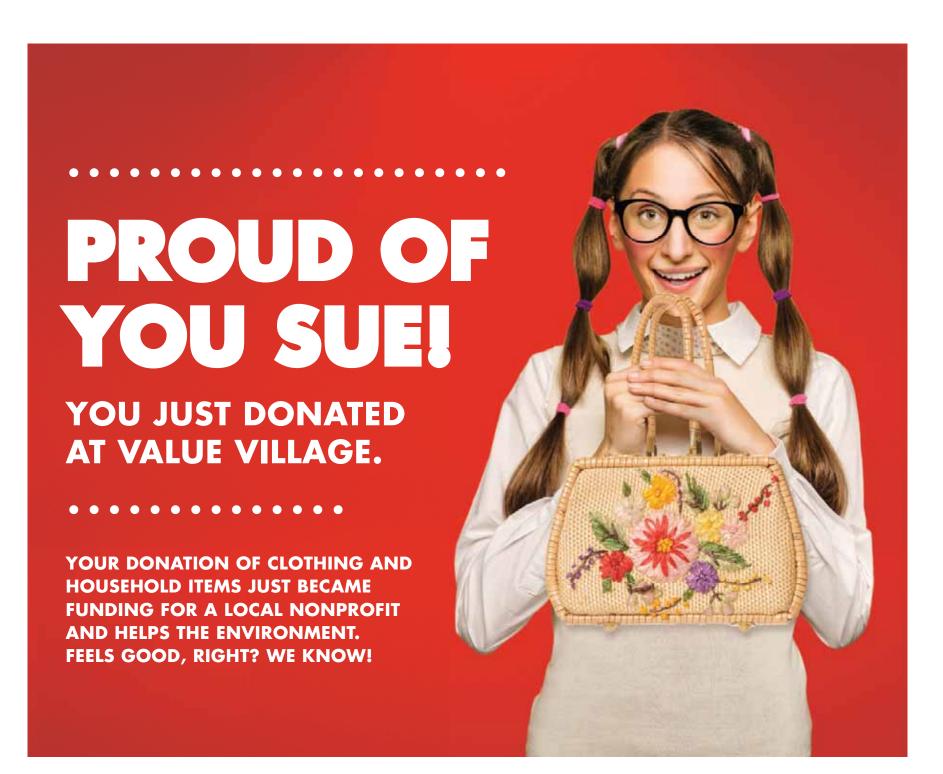












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72 SPORTS metronews.ca WEEKEND, April 17-20, 2014



The Canadiens' Dale Weise celebrates his overtime goal with P.K. Subban on Wednesday night in Tampa Bay. MIKE CARLSON/GETTY IMAGES

Surprise! Weise in right place for Habs

NHL playoffs.

Canadiens forward caps off see-saw battle vs. Lightning with overtime goal in Tampa Bay

If Game 1 was a preview of what's to come, fans should grab their popcorn and settle in for the rest of the Montreal Canadiens' series against the Tampa Bay Lightning.

The teams combined for lots of mistakes, lots of goals

Game 1



4

Canadiens

Lightning

and lots of hate at Tampa Bay Times Forum on Wednesday night in an entertaining opener to the Atlantic Division semifinals. Fourth-liner Dale Weise provided the last bit of drama with an overtime winner to give the Habs a 5-4 victory and a 1-0 lead in the series.

After Josh Gorges kept it in at the blue-line, Daniel Briere continued his career playoff heroics by feeding Weise for the goal 18:08 into overtime.

"I was surprised I was that wide open," said Weise. Tomas Plekanec, Brian

Tomas Plekanec, Brian Gionta, Lars Eller and Thomas Vanek scored in regulation for Montreal, which outshot Tampa Bay 35-16 through three periods.

THE CANADIAN PRESS

Penguins A. Blue Jackets 2

Brandon Sutter scored on a wrist shot from the left circle 8:18 into the third period, helping the Pittsburgh Penguins rally for a 4-3 victory over the Columbus Blue Jackets in Game 1 of the Eastern Conference quarter-finals

 The Blue Jackets fell to 0-5 all-time in postseason games.

THE ASSOCIATED PRESS

CFL

Riders lock up franchise QB

The Saskatchewan Roughriders rewarded quarterback Darian Durant on Wednesday.

The CFL club signed Durant to a multi-year contract extension after he guided the Riders to a Grey Cup title last year, just the fourth in club history.

Durant was entering the option year of his CFL deal.

Durant, 31, has spent his entire eight-year CFL career with the Riders. THE CANADIAN PRESS

Monte Carlo Masters

Raonic OK on clay

Canada's Milos Raonic opened his clay-court season with a second-round victory over Taiwan's Yen-Hsun Lu at the Monte Carlos Masters on Wednesday.

The No. 8 seed from Thornhill, Ont., rebounded nicely after dropping a first-set tiebreaker in the 6-7 (4), 6-2, 6-1 win.

Raonic, who had a firstround bye, fired 19 aces. THE CANADIAN PRESS





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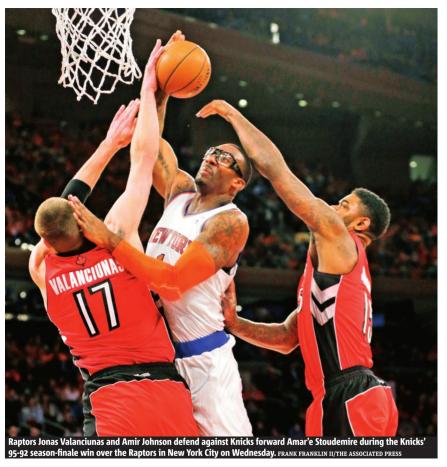


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Raptors fall to Knicks, will face Nets in playoffs

No. 3 seed. Toronto blows a 21-point lead but Charlotte's win over Bulls secures third place in conference

The New York Knicks finished their disappointing season with a 95-92 victory Wednesday night over the Toronto Raptors, who blew a 21-point lead but earned the No. 3 seed in the Eastern Conference playoffs.

Toronto will host the Brooklyn Nets, who fell to the No. 6 seed in its playoff opener Saturday.

Cole Aldrich made the tiebreaking dunk with 1:23 left for the Knicks, who won their final four games to finish 3745. J.R. Smith scored 30 points, while Aldrich finished with 13 points and 16 rebounds.

Kyle Lowry scored 22 points in 26 minutes for the Raptors, who finished 48-34.

The Knicks charged back to tie at 74 entering the fourth by outscoring the Raptors 30-17 in the third. The game became meaningless during the period when Charlotte finished off an overtime victory over Chicago, meaning the Raptors could do no worse than finish tied with the Bulls. Toronto owned the tiebreaker as a division champion.

The Raptors, a team that wasn't expected to be in the playoffs but instead replaced the Knicks as Atlantic Division champions, will be in the post-season for the first time since 2008.

THE ASSOCIATED PRESS

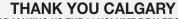
Post-season

The Raptors will face Brooklyn in the opening round of the playoffs after the Nets lost 114-85 to the Cleveland Cavaliers and the Washington Wizards' 118-102 win over the Boston Celtics.

• Toronto has reached the NBA playoffs on five previous occasions, the most recent being a first-round loss to the Orlando Magic in 2008. The Raptors' lone series victory came in 2001 when they beat the New York Knicks before falling to the Philadelphia 76ers in the second round.



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See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

24. Actor Mr. Badgley

25. Like not-cleaned-

very-well windows

27. Hilo adornment

33. Judicial happen-

35. Denizen of On-

tario's 'Forest City'

37. Stuffed-into-olives

38. Like stamp pads

39. Morse Code tap

41. Became success-

42. Sears-then-sim-

43. Ancient Greece:

Denizen of the island

49. Un-sure sounding

56. Montreal 'water'

59. Chris Hadfield's

post in 2013, for short

58. Him: French

mers in cooking

of the Labyrinth

Ontario town

46. Disinclined

50. Go away

55. Down

48. Berry

sound

44. Northwestern

26. Inuit craft

31. salts

inas

items

ful: 2 wds.

↑ Aries March 21 - April 20

Something you said or did in the past may return to upset your plans today but there is nothing you can do about it so just go with the flow.

Taurus April 21 - May 21

You may like to give the impression that you are immune to criticism but it's not true and what someone says today will hurt you. Could it hurts because you know there might be truth in it?

∐ Gemini May 22 - June 21

You have no time for people who think and act slowly but the planets warn you need to be a bit more lenient and forgiving today. Not everyone can operate at your level.

9 Cancer June 22 - July 23

It may be tempting to start something new today but you know you should be biding your time and conserving your energy. Once the Sun moves in your favour again on the 20th, you will know for certain what you should be doing.

Ω Leo July 24 - Aug. 23

Someone in a position of authority is watching you and if they like what they see, you could be in for a promotion when the Sun moves into the career area of your chart during the weekend.

W Virgo Aug. 24 - Sept. 23

If you promised to do something for a friend and you've had a change of heart, too bad! If you let even one person down today your rep for trustworthiness will head south.

← Libra Sept. 24 - Oct. 23

It may be time to let people know that they can have no say in your future. Far too many friends and relatives seem to be telling you what you should do but each of them is wrong.

M Scorpio Oct. 24 - Nov. 22

There is a battle of wills going on at the moment, either in your career or your social circle, and it's a battle you cannot afford to lose.

プ Sagittarius Nov. 23 - Dec. 21

If you own up to some sort of transgression today, it may surprise you how little others seem to care about it. Either it's not such a big deal after all or their own sins are many times worse. For you, it's a win.

17 Capricorn

Dec. 22 - Jan. 20

It would appear that someone you work with has made a mistake and would like nothing better than to blame you for it. Don't let that happen! They're not the only ones who can point fingers.

Aquarius Jan. 21 - Feb. 19

You seem reluctant to take chances at the moment and according to the planets you are right to hold back. A lot will change over the next four days, so wait a bit before making your next big move.

) (Pisces

Feb. 20 - March 20

Try not to commit yourself to anything new over the next 24 hours. A range of possibilities will open up for you between now and the start of next week, so don't get snowed under by even more responsibilities. SALLY BROMPTON

TODAY

MAX: 2°

MIN: -3

FRIDAY

*

SATURDAY



;≱:



Crossword: Canada Across and Down

Across

- _ and terminer 5. Scatters seeds
- 9. Salon service
- 13. Buddy Holly hit: On"
- 14. Creates a cardigan 16. Baseball's Mr.
- Boaas
- 17. Old UK airline in a Beatles tune
- 18. Space studier 20. "The heard was..."
- 22. Stun
- 23. Perhaps
- 24. Canadian comedy series for Rocko, Cuddles, Bill and Buttons the Bear: 3 wds.
- 27. Farm field
- 28. Singer Ms. Franklin 29. Ques. partner
- 30. Records
- 32. Wretched 34. Awkward
- 35. Rent
- 36. Fast
- 40. South Pacific tourist destination
- 42. Beachwear style
- 43. Italian pronoun
- 45. Turkey's capital
- 47. Stock place, e.g. 48. Saskatchewan's rugged Western-
- movie-esque region near the American border: 3 wds.
- 51. __ Arbor, Michigan
- 52. My own, in Latin 53. Iron: German
- 54. Members of Cape Breton choir The Men of the Deeps: 2 wds. 57. Mythical Hun king 60. Prefix to 'phony' (Harsh noise)
- 61. Bug

54

60

63

- 62. French pronoun 63. Freshly
- 'streets' 65. 'Photosynth' suffix Down

40

55

49

1. Royal symbol 2. Former-NBAer,

64. Quebec City

18

25

56

35

26

57

62

- Ming 3. Assess
- 4. Post-game analysis 5. Kurt Browning's colleagues 6. At the actual place

42

- 7. Stand-up's forte
- 8. Scarecrow's outfit part: 2 wds.
- 9. -faced 10. Home design/
- build expert on "The Marilyn Denis Show",

- less.": 2 wds.
- Mr. Khachi 11. Nonesuches 12. Ms. Streep

58

38

- 15. "Hey, I could care
- 19. Retro's opposite 21. Enemy of ancient

BT BREAKFAST TELEVISION ANDREW SCHULTZ METEOROLOGIST

evening or weekend will shape up with a ever-changing weather here in Alberta". **WEEKDAYS 5:30 AM**

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

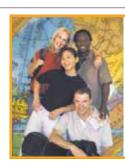
4	3	5	8	1	2	9	8	7
9	1	2	5	8	7	6	4	3
7	.0	6	3	4	9	1	2	ő
6	4	1	7	3	8	5	9	2
2	5	3	9	6	4	7	1	8
В	9	7	2	.5	1	4	3	6
3	7	4	1	2	6	8	5	S
5	6	8	4	9	3	2	7	1
1	2	9	8	7	5	3	. 6	4

			3			9		
7		3		5			4	
8			4			5		
		5		6	2			1
	2						5	
9			1	4		7		
		1			8			2
	3			7		1		9
		4			6			

YOU HAVE The children of Israel almost lost the opportunity of taking over the promised land if not for the faith of Caleb when he said, "Let's go up and take the land—now. We can do it." (Numbers 13:30 MSG). You can pass that exam with honours, get that lucrative job, and take that business to a higher height. All you need to do is to believe God to unlock your potentials. (Call the pastor on 4039928656 for prayers and counselling)

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